Northern Michigan University

MS in Exercise Science

Plan of Study (2007-2023)

Name_____ IN#_____

Home Phone_____ Semester Admitted_____

Email_____ Current Date_____

Course I.D.	Course Title	Semester	Credits	Grade	Substitutions
Required Courses (17)					
ES 500	Intro to Research (2)				
ES 511	Stats & Measurements (3)				
ES 521	Adv Exercise Physiology (3)				
ES 531	Adv Seminar in Exercise Science (3)				
ES 540	Adv Mechanical Kinesiology (3)				
HN 516	Sports Nutrition (3)				
Electives (11-15) *See list of options in the graduate bulletin (nmu.edu/graduatebulletin)					
Capstone (0-4) – Choose one					
Two formal file papers submitted to the SHHP			-		
ES 599A	Thesis (4)				
	Total Credits (32)				

I recommend that this program of study be approved.

_____ _____

Graduate Program Director Date Student Date

_____ _____

Associate Dean of HHP Date Dean of Graduate Studies Date