

Virtual Chat & Learn:

Self-Care as Community Care

with tayla shanaye

tayla is an embodiment counselor located in occupied Anishinaabek lands of so-called Marquette, MI. tayla has backgrounds in somatic psychology and women's spirituality. She will present on communication, vicarious trauma, and self-care as community care.



Register using the QR code



Zoom event

Thursday, February 23rd

1:30 -3:00pm EST



Or join on Zoom:

tinyurl.com/p87phndr

Meeting ID: 995 8961 6609

Passcode: 876267