

# Northern Michigan University

## Sport Club Program

### Agreement and Release of Liability

1. In consideration of being allowed to participate in the Sports Club program of Northern Michigan University (NMU) and to use its facilities and equipment, I excuse, release and forever discharge NMU, its officers, agents, employees, and representatives and any others acting on their behalf (the "releasees") from any and all responsibility or liability for injuries or damages resulting from my participation in any activities or my use of equipment of NMU. I also release the releasees from any responsibility or liability for injury or damage to myself, including that caused by the negligent acts(s) or omissions(s) of releases or in any way arising out of or connected with my participation in any activities of NMU or the use of any equipment at NMU. **(Please Initial)**\_\_\_\_\_

2. I understand that physical activity and the participation in them is potentially hazardous. The inherent risks include muscle soreness, exhaustion, dehydration, injury, fainting, falls, muscle and ligament injury, bone fracture, seizure, heart attack, drowning, and death. I am voluntarily participating in these activities and using equipment and facilities with knowledge of the dangers involved. I hereby agree to assume and expressly accept any and all risks of injury or death. **(Please Initial)**\_\_\_\_\_

3. I am not suffering from any condition, impairment, disease, or other infirmity that would prevent my safe participation in any of the activities or programs of NMU in which I will be involved or that would prevent my use of the equipment or facilities of NMU. I have been informed of the advisability of obtaining a physician's approval for my participation in exercise/fitness activities or in the use of exercise equipment. I also acknowledge that it has been recommended that I have a yearly physical examination and consultation with my physician as to physical activity, exercise and use of exercise and training equipment so that I might have recommendations concerning these fitness activities and equipment use. I acknowledge that I have either had a physical examination and have been given my physician's permission to participate, or that I have decided to participate in exercise activities and/or use of equipment without the approval of my physician. I assume all responsibility for my participation in these activities. **(Please Initial)**\_\_\_\_\_

4. I understand that my participation in the Sports Club program requires a two semester NMU Student Recreation Pass. If I have not already signed up for a membership, it will automatically be charged to my student account. **(Please Initial)**\_\_\_\_\_

5. I have read and I understand all of the guidelines provided for me in the Sport Club Association Handbook. I understand the consequences should I disregard any of the rules. **(Please Initial)**\_\_\_\_\_

**Please fill out the reverse side of this form!**

6. Full Name: \_\_\_\_\_

Sport Club: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

IN#: \_\_\_\_\_

Local Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_

\_\_\_\_\_

Cell Phone: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Emergency Contact:** \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

***Note: If under 18 years of age, parent or guardian must co-sign this release.***

Co-signer: \_\_\_\_\_ Date: \_\_\_\_\_

### **Personal Health Insurance**

**Insurance is required to participate in sport clubs activities.**

*Call the Rec Sports office if you need assistance with locating an insurance company.*

Insurance Company: \_\_\_\_\_

Group/Policy #: \_\_\_\_\_

Subscriber's Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_

Subscriber's Employer: \_\_\_\_\_

### **Medical History**

*\*Disclosure of medical information will not disallow you from participation in club sports\**

Are you allergic to any drugs? \_\_\_\_\_

Previous major injuries: \_\_\_\_\_

Do you have a medical condition that requires regular care? If so, please specify: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_