



**RESOLUTION OF SUPPORT
ADOPTED BY NORTHERN MICHIGAN UNIVERSITY
BOARD OF TRUSTEES
MAY 5, 2023**

WHEREAS, in support of NMU's signing of the Okanagan Charter, a guiding and aspirational document developed as an outcome of the 2015 International Conference on Health Promoting Universities and Colleges; and

WHEREAS, health promotion scholars, researchers, practitioners, and administrators from 45 countries created the Okanagan Charter with the purpose of guiding colleges and universities by leveraging their unique positions and roles in research, teaching, and service to their communities and their leadership to the world in developing and modeling health-promoting strategies in their campus settings; and

WHEREAS, we believe Northern Michigan University is well positioned to take on this important role as a holistic health and wellbeing promotions leader, becoming just the 17th university in the United States to sign the Okanagan Charter; and

WHEREAS, Northern has made wellbeing a priority in its strategic plan with the specific goal of supporting students' and employees' mental and physical wellbeing. NMU has comprehensively reviewed its wellbeing assets and services, and acted on numerous improvement opportunities. The University has committed staff, technology, time, and financial support to elevate wellbeing on campus and will continue to do so; and

WHEREAS, the NMU Board of Trustees understand that wellbeing is the attentive and intentional care of the whole person. We believe that when a student or employee is healthy in all aspects of their lives, when they feel safe and have a sense of belonging, and when they are treated equitably, they will have the foundation they need to face challenges, seize opportunities, and thrive.

NOW, THEREFORE, BE IT RESOLVED:

Today, we, as the governing board of Northern Michigan University, commit to supporting NMU's efforts to meet the Okanagan Charter's two primary calls to action:

- 1) embedding health into all aspects of campus culture, across administration, operations and academic mandates; and
- 2) leading health promotion action and collaboration locally and globally.

A handwritten signature in black ink that reads "Stephen E. Young". The signature is written in a cursive style and is positioned above a horizontal line.

Stephen E. Young, Chair
NMU Board of Trustees