

Northern Michigan University Grief Support Specialist Program Integrative Psych Model of Care.

Synchronous Class Sessions: Monday, March 10 – April 21, 2025. Evenings EST 6pm-9pm.
All recorded sessions must be viewed within the week they are listed.

#	Mondays	Topic	Hour	Instructor
1	March 10, 2025	Welcome, Program Overview	5 Minutes	Yan
		Grief: Clarify the Concepts & Various Forms of Grief	3 hours	Yan
	March 17, 2025	Grief Counseling – Recording #1	2 hours	Doug
		Assessments – Recording #2	1 hour	Doug
	March 24, 2025	Recovery Tools and Intervention - Recording #3	3 hours	Doug
	March 31, 2025	Children Coping with Grief; Different Age Coping Skills Recovery Tools and Interventions for Children	3 hours	Molly
	April 7, 2025	Addressing Spiritual/ Religious Struggles - Recording #3 After-death Communication – Recording #4 Ethics and Boundaries – Recording #5	3 hours	Doug
	April 14, 2025	Trauma-Informed Practice; Group Therapy Tools and Techniques & Conducting Grief Groups	3 hours	Caroline
	April 21, 2025	Coping with Dying; End-of-Life Decisions	3 hours	Yan
	April 28, 2025	Music Therapy & Grief. Family dynamics around grief	3 hours	Dr. Mark
	April 28, 2025	Conclusion – Final recording	15 minutes	Doug
	May 2, 2025	Final Project Idea Submissions Due on Platform		

Assignments: All recordings will have embedded questions for discussion. Please provide answers in online portal under > assignments. **Course site:** <https://cewd-online.nmu.edu/>

Final Project: All participants will be matched with an instructor for their final project. Prior to final project due date, you will need to submit the title of your project/paper and a one-paragraph summary of that project paper to your instructor by email before the due date:

Final Projects Due Friday, May 9, 2025 by 11:00pm EST