

Please fill this form out and return it to NMU Dining Services for every substituted meal. NMU Dining Services is located at 1104 Northern Center or by email at northerncenter@nmu.edu. This form must be submitted seven days before meal pick up date requested.

NAME:		STUDENT ID NUMBER:		
ADDRESS:				
PHONE:LIST DIETARY RESTRICTIONS:			EMAIL:	
	MEAL YOU ARE SUBLE TO USE THE RESIDENTIA	IBSTITUTING: LL DINING FACILITY DURING YOUR SELE	CTED MEAL TIME.)	
	MONDAY	TUESDAY	WEDNESDAY	
	LUNCH	LUNCH	LUNCH	LUNCH
	DINNER	DINNER	DINNER	DINNER
CEI ECT A DIC	CK-UP LOCATION:	WILDCAT DEN	NORTHERN LIGHTS DINING	
SELEGI A PIL				
SELECT A PIC		TUESDAY	WEDNESDAY	THURSDAY
	CK-UP TIME:	TUESDAY BREAKFAST		
	CK-UP TIME: Monday			

	1. BREAD CHOICE (YOU MAY ONLY SEL	ECT ONE) 3. TOPPING CHOICES	(YOU MAY SELECT UP TO THREE)			
	6" WHITE SUB BUN (E, SES, M, S, W, VEG)	SLICED TOMATOES (GF	SLICED BLACK OLIVE (GF, V)			
R S	6" WHOLE WHEAT SUB BUN (E, SES,	M, S, W, VEG) SLICED CUCUMBERS (SLICED PICKLE (GF, V)			
	10" FLOUR TORTILLA WRAP (W.S. V	SLICED RED ONION (GF	SLICED JALAPENO PEPPERS (GF, V)			
SANDWICH ORDER FORM	SCHAR GF CIABATTA ROLL (GF, S, SUI	LEAF LETTUCE (GF, V)	GIARDINIERA HOT PEPPERS (GF, S, SUN, V)			
B	2. PROTEIN CHOICES (YOU MAY SELECT UP TO THREE)					
7	CHICKPEA HUMMUS (S, SES, GF, V)	PEPPER JACK (M, GF, VEG)				
<u> </u>	RED ROASTED HUMMUS (S, SES, OF, V)	CHEDDAR CHEESE (M, GF, VEG)	4. CONDIMENTS PACKETS (YOU MAY SELECT UP TO THREE)			
\geq	DELI HAM (GF)	SWISS CHEESE (M, GF, VEG)	KETCHUP (GF, V)			
	DELI TURKEY (GF)	MOZZARELLA (M, GF, VEG)	MUSTARD (GF, V)			
S	PEPPERONI (GF)	PLANT BASED CHEDDAR (M, GF, VEG)	MAYO (GF, E, S, VEG)			
	HARD SALAMI (GF)	PLANT BASED SWISS (M, GF, VEG)	RELISH (GF, S, SUN, V)			
SALAD ORDER FORM	ROMAN LETTUCE (GF, V) MIXED GREENS (GF, V) GRAPE TOMATO (GF, V) CUCUMBER (GF, V)		P. DRESSING CHOICES (YOU MAY SELECT UP TO TWO) RANCH DRESSING (E, S, MSG, M, GF, VEG) FAT FREE RANCH (M, MSG, S, GF, VEG) RASPBERRY VINAIGRETTE FAT FREE (GF, V) ITALIAN DRESSING (S, GF, VEG) DIJON HONEY MUSTARD DRESSING (S, E, GF, VEG)			
SIDES AND DRINKS	SIDES (YOU MAY SELECT UP TO TWO) APPLE (GF, V) ORANGE (GF, V) BANANA (GF, V)	KETTLE CHIPS PLAIN (GF, SUN, V) GLUTEN FREE BROWNIE (E, M, TN, GF, V) RICE KRISPY TREAT (S, M, GF, VEG)	DRINKS (YOU MAY ONLY SELECT ONE)			
	GRAPES (1 CUP) (GF, V)	ENJOY LIFE RICE BAR (GF, V)	12 OZ. PEPSI			
A	HARD BOILED EGG (2 EA.)	ENJOY LIFE COCO BAR (GF, SUN, V)	12 OZ. DIET PEPSI			
ES	KIWI (2 EA.) (GF, V)	SNICKERDOODLE COOKIE (E, M, W, S, P,				
	KETTLE CHIPS BBQ (GF, SUN, MSG, V)	CHOCOLATE CHIP COOKIE (E, M, W, S, P,				
	_ _		ORANGE, OR GRAPE)			