# MEALS ORDER FORM 2023-2024 

 ON THE GOPlease fill this form out and return it to NMU Dining Services for every substituted meal. NMU Dining Services is located at 1104 Northern Center or by email at northerncenter@nmu.edu. This form must be submitted seven days before meal pick up date requested.

NAME: $\qquad$ STUDENT ID NUMBER: $\qquad$
ADDRESS: $\qquad$
PHONE: $\qquad$ EMAIL: $\qquad$
LIST DIETARY RESTRICTIONS:

SELECT THE MEAL YOU ARE SUBSTITUTING:
cyou will not be able to use the residental dining faclity during your selected meal time.j

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
| :---: | :---: | :---: | :---: |
| LUNCH | LUNCH | LUNCH | LUNCH |
| DINNER | DINNER | DINNER | DINNER |

SELECT A PICK-UP LOCATION: WILDCAT DEN $\qquad$ NORTHERN LIGHTS DINNG $\qquad$
SELECT A PICK-UP TIME:
MONDAY
BREAKFAST
LUNCH
DINNER

TUESDAY
BREAKFAST
LUNCH
DINNER

WEDNESDAY
BREAKFAST
LUNCH
DINNER

THURSDAY
BREAKFAST
LUNCH
DINNER


1. SALAD CHOICE (YOUMAY SELECT UP TO FIVE)
$\square$ Leaf Lettuce ofv $\quad \square$ broccoligav
$\square$ ROMAN LETTUCE (GF, V) $\square$ HAM (GF)
$\square$ MIXED GREENS (GF,V) $\square$ TURKEY (gf
$\square$ GRAPE TOMATO (GF,V)CHEDDAR CHEESE (m,GF,VEG)
$\square$ CUCUMBER ${ }^{\text {GGF, V }}$RED ONION $(G F, V)$
$\square$ BLACK OLIVE (GF,V)
$\square$ CAULIFLOWER (GF,V)
2. DRESSING CHOICES
(YOUMAY SELECT UP TOTWO) RANCH DRESSING (E, S, MSG, M, GF, VEG)
$\square$ FAT FREE RANCH (m, msg, s, gF, vEG)$\square$ RASPBERRY VINAIGRETTE FAT FREE (GF, V)
$\square$ ITALIAN DRESSING (s, GF, VEG)$\square$ DUON HONEY MUSTARD DRESSING (IS, GF: VEG)

SIDES (youmay SELECT up totwos
$\square$ APPLE (GF,V)
$\square$ ORANGE (GF,V)
$\square$ BANANA ${ }_{\text {gFF,V) }}$
$\square$ GRAPES [1 CUP) (GF, V)
$\square$ HARD BOILED EGG [2 EA.]
$\square$ KIWI (2 EA.) (GF, V)
$\square$ KETTLE CHIPS BBQ ${ }_{\text {(GGF, SUN, MSG, V) }}$KETTLE CHIPS PLAIN $\operatorname{cgF}$, SUN, V) GLUTEN FREE BROWNIE (E,M, TN, GF, VEG)

DRINKS
(YOUMAY ONLY SELECT ONE)
$\square$ RICE KRISPY TREAT (s.M.gF: VEG) $\quad \square$ 160Z. water bottle
$\square$ enoy life rice baf offy
$\square$ EnJoy LIFE COCO BAR Gog.sunvu
$\square$ SNICKERDOODLE COOKIE (e.m.w.s.p.tn.veg CHOCOLATE CHIP COOKIE (e.....s.p.pty vee)
$\square$ 120Z.PEPSI
$\square$ 120Z. DIET PEPSI
$\square$ 120Z.MIST TWIST
$\square$ 120Z. JUCE CAPPLE, ORANGE, OR GRAPEJ

