



NMU Health Center

The NMU Health Center is located in Gries Hall.

Please call 906-227-2355 to schedule an appointment.

There are two doctors (one male one female) and a nurse practitioner in addition to three registered nurses.

The NMU Pharmacy can fill many prescriptions.

A vibrant sunset over the ocean with a bright sun partially obscured by clouds, casting a golden glow across the sky and water.

NMU Counseling and Consultative Services

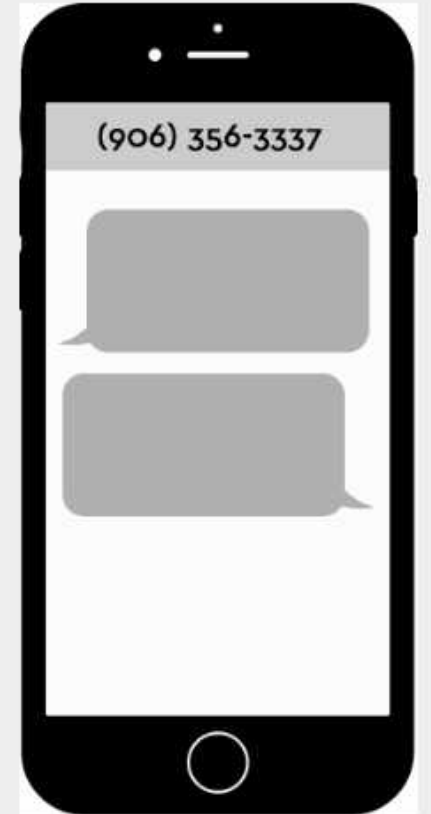
Counseling services at NMU are free for all enrolled students. No insurance or other coverage is required. The office is located on the top floor of C.B. Hedgcock in Room 3405. Counseling and psychological services are offered that facilitate students' personal development to participate more successfully in the NMU living and learning community.

Phone: (906) 227-2980 **email:** ccs@nmu.edu

Students Put this text number in your phone:

(906) 356-3337

Dial HELP has live counselors who will talk or text with you ANY TIME of day.



[Dial HELP crisis hotline](#) is available 24/7 for free, confidential, non-judgmental crisis intervention and referral services.

NMU Food Pantry

The NMU Food Pantry is located in Gries Hall, above the NMU Health Center. It is open Wednesday and Thursday 4:00 p.m. - 6:00 p.m.

Please have your Student ID when you visit.

Non-perishable food and kitchen items are available.

Personal care items including feminine hygiene products, bedding, and towels may also be available.

All Campus Tutoring

FREE FOR ALL STUDENTS

Two Locations: Harden Hall Basement
111H (Behind Fieras)

The Woods
104B Maple West (near the desk)

Stay up-to-date visit: www.nmu.edu/tutoring

MERC



MULTICULTURAL EDUCATION AND RESOURCE CENTER

The Multicultural Education and Resource Center partners with students, faculty, staff and alumni to build a vibrant, stimulating and safe learning community where cultural diversity is highly valued, differences are respected and people from all cultures and backgrounds flourish.

Located in the upper level of the Hedcock building. Open Monday-Friday 8:00-5:00.

NMU Library



The 24-hour study space is hosted by the Lydia M. Olson Library during the 2020-2021 academic year.

The Lydia M. Olson Library is committed to meeting the needs of NMU's students, faculty, staff, and community.

They are constantly improving traditional library services, supporting student success and retention, expanding opportunities to engage students in cutting-edge technology, and improving community access to regional history.



Northern Michigan University has partnered with Health Advocate™ to offer students online counseling services outside of traditional business hours. The service is 100% free to current NMU students and is available online between the hours of 5 p.m. and 8 a.m. and on the weekends.

After Hours Counseling

- As an NMU student, you can access this free crisis counseling resource two ways:
- Option 1: Web Browser
 - Visit HealthAdvocate.com/members
 - Type in “Northern Michigan University”
 - Select “Message an Advocate”
- Option 2: Mobile App
 - Download the Health Advocate app on your device
 - Select “Member Login”
 - Type “Northern Michigan University”
 - Select “Message an Advocate”

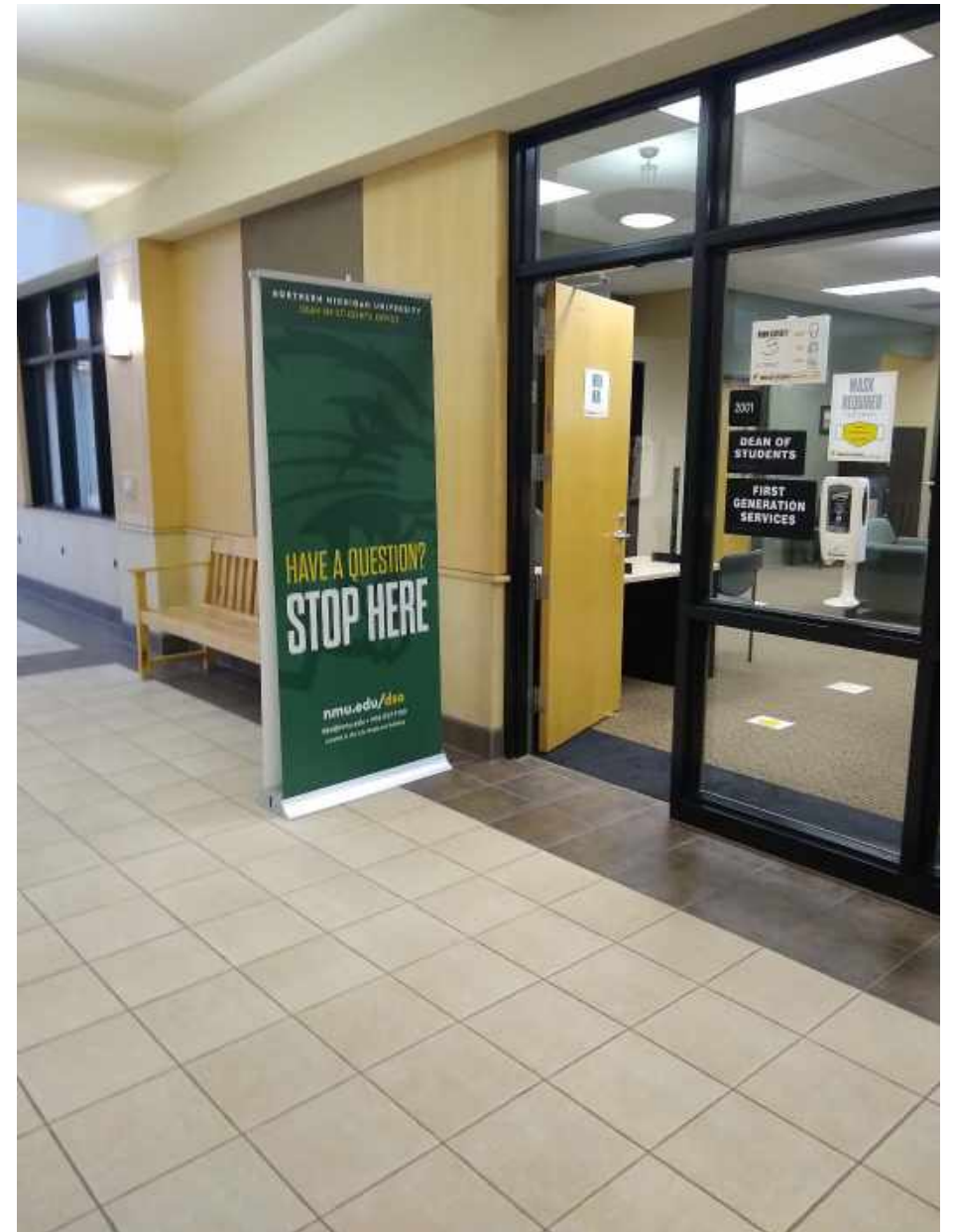
Questions regarding the Health Advocate service can be directed to NMU’s Dean of Students Office | dso@nmu.edu

Dean of Students Office

If you're unsure where to go, what to ask, or who to talk to, start at the Dean of Students Office, located on the main floor of the Hedgcock building. Open 8-5 Monday through Friday.

Email: dso@nmu.edu

Ph: 906-227-1700



Disability Services

- Provide services and reasonable accommodations to students with disabilities so they may have an equal educational opportunity.
- Collaborate with students and review documentation to determine eligibility of appropriate and reasonable accommodations at a post-secondary level.
- Assist in arranging course, classroom and testing accommodations.
- Help students develop self-advocacy skills and confidence to take responsibility for their academic success.
- Facilitate university compliance with federal legislation.
- Promote campus awareness regarding disability issues.

Disability Services

2101 C.B. Hedgcock
1401 Presque Isle Avenue
Marquette, MI 49855

Phone: 906-227-1737

Fax: 906-227-1714

E-mail: disserv@nmu.edu



Veteran Services

NMU has dedicated, trained staff here to assist you in processing your Veteran Administration Educational Benefits.

Located in Hedgcock, you may stop in or schedule an appointment to meet with Mike Rutledge and Welles.

ph: 906-227-1402



NMU Writing Center

The Writing Center works to promote clear, effective written communication.

Our highly trained peer tutors help members of the NMU community improve their writing skills through free, one-on-one consultations and online tutorials.

FALL AND WINTER HOURS
(VIRTUAL HOURS ONLY IN FALL 2020)

Monday-Thursday

10 a.m. - 4 p.m.

6 p.m. - 9 p.m.

Friday

10 a.m. - 2 p.m.

Sunday

1 p.m. - 6 p.m.