

Northern Michigan University
EXERCISE SCIENCE GRADUATE ASSISTANT ASSIGNMENT CHECKLIST

All graduate assistants in Exercise Science are assigned responsibilities equivalent to a 50% Instructor load. Normally this will involve approximately 20 hours of work per week through the academic semester. All Exercise Science GA's are assigned some teaching in the Health Promotion (HP) activities program of the School of Health and Human Performance. Some GA's are assigned to teach undergraduate laboratory sections in exercise physiology, anatomical kinesiology, Biomechanics, and/or first aid. Some GA's are assigned duties with the Department's community-based adult fitness program (MoveUP).

Please read through this entire listing and indicate your interests and competencies in the courses/programs. Include any pertinent comments; experience, certifications, etc. Use the following numerical system to indicate your preferences:

- 1 = well prepared – would like to teach
- 2 = some knowledge/experience – could teach
- 3 = inadequately prepared – would prefer not to teach

Your Name _____

COURSES/PROGRAMS	PREFERENCE	COMMENTS/EXPERIENCES
Health Promotion (HP) Courses:		
Physical Well Being (lecture class on fitness and nutrition)		
Jogging		
Weight Training and Conditioning-Begin		
Rock Climbing		
Bicycling-Mountain		
Bowling		
Golf Beginning		
Badminton		
Racquetball		
Soccer		
Volleyball-Beginning		
Hiking		
Fly and Bait Casting		
Ice Skating-Beginning		

Skiing-Beginning Alpine		
Skiing-Cross Country		
Snowboarding-Beginning		
Snowshoeing		
Swimming-Beginning		
<i>Other Activities - list below ...</i>		
Other Courses and Programs:		
Undergrad. Exercise Physiology Lab. (ES 315)		
Undergrad. Anatomical Kinesiology Lab (ES 317)		
Undergrad. Biomechanics Lab (ES 417/422)		
First Aid/CPR (HL 125)		nse
Adult Fitness Program (MoveUP)		d
Geriatric Swimming (exercise leadership - HP 090)		
Geriatric Exercise Leader (exercise leadership - HP 091)		
Social Media and Graduate Office Liaison		
Lead Student Organizations and Journal Club		
Laboratory Assistant (both the Exercise Lab and HHPLab – also lead campus tours)		
Exercise Physiology Tutor		
Biomechanics Tutor		
Health Fair Coordinator		

Additional Required Response:

Are you certified in First Aid and/or CPR by the American Red Cross or the American Heart Association? Indicate level (Healthcare Provider, Professional Rescuer, Heartsaver) ...