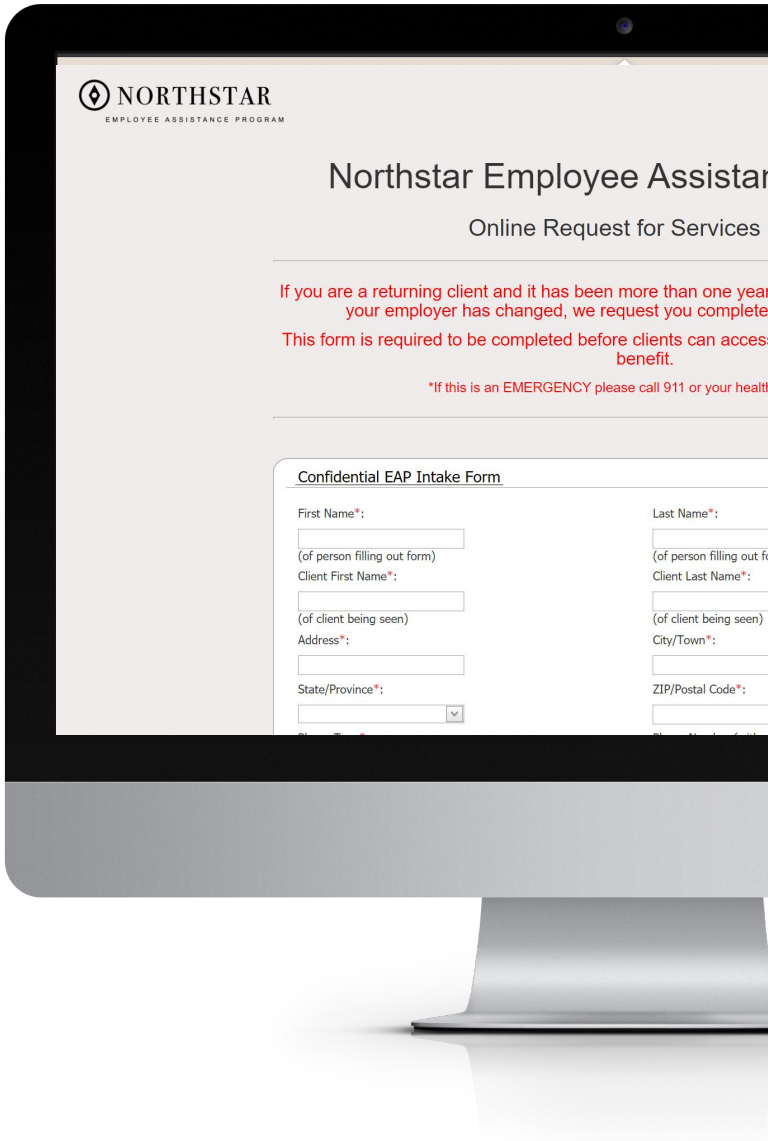
Northstar Employee Assistance Program [EAP] Access

HOW TO USE:

How employees access Employee Assistance with Northstar:

- For EAP go to: **northstar.eapintake.com or call 906-225-3145**
- Use the correct reason for the session request
- EAP eligibility includes employee, spouse/partner & legal dependents under the age of 26
- Session count renews at the start of each calendar year
- Our staff will process the request and begin their intake forms within 24 hours of the initial request.



Sessions and Counselors:

Our goal is to match clients with counselors that are the best fit for the issues the employee is facing. That could mean a counselor in a location, that due to distance, uses Teletherapy. Our goal is the best fit for the issue with our specialized counselors. Once the intake is complete a counselor will be in touch to schedule a session via the contact information relayed in the intake form.