NSSE national survey of student engagement

NSSE 2025 Topical Module Report
Academic Advising

Northern Michigan University

This module, updated for 2025, examines students' experiences with academic advising, including experiences with advisors and advising practices that reflect NACADA core values. It also asks students to identify who has been most helpful. The module complements a question on the core survey about the quality of students' interactions with academic advisors.

Comparison group details are in the Selected Comparison Groups report, available in PDF format in your report download folder.

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NSSE 2025 Academic Advising

Frequencies and Statistical Comparisons

Northern Michigan University

First-Year Students

Item wording or description	Variable name	Values[c]	Response options	Frequency Distributions[a] NMU Count	NMU %	Academic Advising Count	Academic Advising %	Statistical Comparisons[b] NMU Mean	Academic Advising Mean	Effect size[d]
1. To what extent have the following been helpful regarding your academic interests, course selections, academic performance, or future plans?										
a. Academic advisor, faculty, or staff assigned to advise you	AADhelpadv	1	Very little	14	6	1,561	10			
		2	Some	61	27	4,068	25			
		3	Quite a bit	82	35	5,248	33			
		4	Very much	75	32	4,402	28	**2.9**	2.8	.11
		—	Did not meet with	1	0	360	3			
		—	Not applicable	0	0	154	1			
			Total	233	100	15,793	100			
b. Academic advisor(s) available to any student	AADhelpany	1	Very little	17	8	1,325	9			
		2	Some	53	22	3,962	25			
		3	Quite a bit	60	26	4,363	27			
		4	Very much	44	19	3,461	22	**2.7**	2.8	-.02
		—	Did not meet with	49	20	2,127	13			
		—	Not applicable	11	4	554	4			
			Total	234	100	15,792	100			
c. Faculty or instructor(s) *not* assigned to advise you	AADhelpfac	1	Very little	27	13	1,926	12			
		2	Some	55	25	4,364	27			
		3	Quite a bit	46	19	3,290	21			
		4	Very much	15	6	1,971	13	**2.3**	2.5	-.15
		—	Did not meet with	71	29	2,946	19			
		—	Not applicable	19	8	1,265	9			
			Total	233	100	15,762	100			
d. Online advising system (degree progress report, etc.)	AADhelponlsys	1	Very little	16	7	1,932	12			
		2	Some	58	24	4,048	25			
		3	Quite a bit	51	23	3,181	21			
		4	Very much	29	12	2,141	15	**2.6**	2.5	.09
		—	Did not meet with	55	23	2,971	18			
		—	Not applicable	25	11	1,482	9			
			Total	234	100	15,755	100			
e. Website, chatbot, catalog, or other published sources	AADhelpweb	1	Very little	31	14	2,350	15			
		2	Some	61	27	4,167	26			
		3	Quite a bit	43	18	2,727	17			
		4	Very much	26	11	1,586	11	**2.4**	2.3	.04
		—	Did not meet with	44	18	3,225	20			
		—	Not applicable	29	12	1,691	11			
			Total	234	100	15,746	100			
f. Student services staff (learning and academic support, cultural centers, etc.)	AADhelpstuserv	1	Very little	21	9	1,780	12			
		2	Some	58	25	4,312	27			
		3	Quite a bit	48	21	3,120	19			
		4	Very much	22	10	1,936	13	**2.5**	2.5	.01
		—	Did not meet with	68	28	3,620	23			
		—	Not applicable	17	7	967	7			
			Total	234	100	15,735	100			
g. Career services	AADhelpcarserv	1	Very little	22	10	1,708	11			
		2	Some	44	20	3,860	24			
		3	Quite a bit	36	16	2,517	16			
		4	Very much	18	8	1,678	11	**2.4**	2.4	-.03
		—	Did not meet with	92	37	4,865	31			
		—	Not applicable	22	9	1,117	8			
			Total	234	100	15,745	100			

*p<.05, **p<.01, ***p<.001 (2-tailed); Refer to the endnotes page for the key to triangle symbols.

NSSE 2025 Academic Advising

Frequencies and Statistical Comparisons

Northern Michigan University

First-Year Students

				Frequency Distributions[a]				Statistical Comparisons[b]		
				NMU		Academic Advising		NMU	Academic Advising	
Item wording or description	*Variable name*	*Values*[c]	*Response options*	*Count*	*%*	*Count*	*%*	*Mean*	*Mean*	*Effect size*[d]
h. TRIO Programs staff	AADhelptrio	1	Very little	14	6	1,267	8			
		2	Some	25	11	1,837	12			
		3	Quite a bit	11	5	945	6			
		4	Very much	8	3	892	6	**2.2**	2.3	-.06
		—	Did not meet with	128	53	7,372	47			
		—	Not applicable	48	21	3,417	22			
			Total	234	100	15,730	100			
i. Disability or accessibility services staff	AADhelpdisserv	1	Very little	17	7	1,183	7			
		2	Some	26	11	1,710	11			
		3	Quite a bit	16	8	1,188	7			
		4	Very much	17	7	1,096	7	**2.4**	2.4	.00
		—	Did not meet with	103	44	6,535	42			
		—	Not applicable	55	23	3,998	26			
			Total	234	100	15,710	100			
j. Success or academic coach	AADhelpsuccess	1	Very little	20	8	1,296	8			
		2	Some	32	15	2,818	18			
		3	Quite a bit	28	12	2,121	14			
		4	Very much	14	6	1,688	11	**2.4**	2.6	-.18
		—	Did not meet with	101	43	5,808	36			
		—	Not applicable	40	16	1,986	13			
			Total	235	100	15,717	100			
k. Peer advisor or mentor	AADhelppeer	1	Very little	18	8	1,467	9			
		2	Some	32	15	3,344	20			
		3	Quite a bit	31	14	2,533	15			
		4	Very much	18	8	1,831	11	**2.5**	2.5	-.01
		—	Did not meet with	99	41	4,888	32			
		—	Not applicable	35	14	1,667	11			
			Total	233	100	15,730	100			
l. Friends or other students	AADhelpfriend	1	Very little	9	5	1,043	7			
		2	Some	65	28	3,862	24			
		3	Quite a bit	78	34	5,217	32			
		4	Very much	71	30	4,793	29	**2.9**	2.9	.03
		—	Did not meet with	6	2	453	4			
		—	Not applicable	3	1	375	3			
			Total	232	100	15,743	100			
m. Family members	AADhelpfam	1	Very little	23	10	1,476	10			
		2	Some	56	24	3,826	24			
		3	Quite a bit	83	35	4,539	28			
		4	Very much	67	29	4,961	31	**2.8**	2.9	-.02
		—	Did not meet with	5	2	503	4			
		—	Not applicable	0	0	448	3			
			Total	234	100	15,753	100			
n. Other, please specify:	AADhelpoth	1	Very little	0	0	12	4			
		2	Some	0	0	42	11			
		3	Quite a bit	1	12	48	13			
		4	Very much	3	44	111	29			
		—	Did not meet with	1	20	21	5			
		—	Not applicable	2	24	144	38			
			Total	7	100	378	100			

*p<.05, **p<.01, ***p<.001 (2-tailed); Refer to the endnotes page for the key to triangle symbols.

First-Year Students

Item wording or description	Variable name	Values[c]	Response options	Frequency Distributions[a] NMU Count	NMU %	Academic Advising Count	Academic Advising %	Statistical Comparisons[b] NMU Mean	Academic Advising Mean	Effect size[d]
2. Do you know how to contact (in person, email, phone, or online) an advisor at your institution?										
	AADadvcontact		No	2	1	279	2			
	(Means indicate the percentage who responded "Yes")		Yes	227	97	15,102	96	97%	96%	.10
			Unsure	3	2	354	2			
			Total	232	100	15,735	100			
3. Thinking about academic advising, how much have people and resources at your institution done the following?										
a. Been available when needed	AADresavail	0	Not at all	0	0	149	1			
		1	Very little	8	3	717	5			
		2	Some	52	22	3,325	21	3.0	3.0	.07
		3	Quite a bit	96	42	6,421	40			
		4	Very much	76	32	4,876	31			
		—	Not applicable	0	0	206	1			
			Total	232	100	15,694	100			
b. Provided prompt and accurate information	AADresprompt	0	Not at all	1	1	130	1			
		1	Very little	5	2	714	5			
		2	Some	52	22	3,520	22	3.0	3.0	.10
		3	Quite a bit	97	43	6,290	40			
		4	Very much	76	32	4,803	31			
		—	Not applicable	1	0	209	2			
			Total	232	100	15,666	100			
c. Provided information about learning support services (tutoring, writing center, success skills, etc.)	AADreslearn	0	Not at all	2	1	211	2			
		1	Very little	9	4	737	5			
		2	Some	48	21	3,306	21	3.0	3.0	.07
		3	Quite a bit	90	40	5,923	37			
		4	Very much	81	34	5,064	32			
		—	Not applicable	3	1	425	3			
			Total	233	100	15,666	100			
d. Notified you of important policies and deadlines	AADrespol	0	Not at all	2	1	346	2			
		1	Very little	9	3	966	6			
		2	Some	48	21	3,578	23	3.0	2.9	.11
		3	Quite a bit	101	44	5,657	36			
		4	Very much	72	30	4,851	31			
		—	Not applicable	0	0	269	2			
			Total	232	100	15,667	100			
e. Reached out to you about your academic progress or performance	AADresprog	0	Not at all	22	10	1,664	11			
		1	Very little	32	15	2,048	13			
		2	Some	58	25	3,988	25	2.4	2.4	.01
		3	Quite a bit	65	28	3,882	24			
		4	Very much	51	21	3,481	22			
		—	Not applicable	4	1	580	4			
			Total	232	100	15,643	100			
f. Followed up with you regarding something they recommended	AADresrec	0	Not at all	17	7	1,435	10			
		1	Very little	29	12	1,874	12			
		2	Some	59	26	3,854	24	2.5	2.4	.05
		3	Quite a bit	63	27	4,041	26			
		4	Very much	54	23	3,371	22			
		—	Not applicable	11	4	1,083	7			
			Total	233	100	15,658	100			

NSSE 2025 Academic Advising

Frequencies and Statistical Comparisons

Northern Michigan University

First-Year Students

Item wording or description	Variable name	Values[c]	Response options	Frequency Distributions[a] NMU Count	NMU %	Academic Advising Count	Academic Advising %	Statistical Comparisons[b] NMU Mean	Academic Advising Mean	Effect size[d]
4. Thinking about academic advising, about how often did someone at your institution do the following?										
a. Took the time to learn about your hobbies and personal interests	AADofthobbies	1	Never	44	19	3,408	22	2.4	2.3	.07
		2	Sometimes	99	42	5,776	36			
		3	Often	45	20	3,470	21			
		4	Very often	41	18	2,271	14			
		—	Not applicable	4	1	721	6			
			Total	233	100	15,646	100			
b. Actively listened to your concerns	AADoftconcern	1	Never	10	5	1,036	7	2.9	2.8	.08
		2	Sometimes	65	28	4,551	29			
		3	Often	97	42	5,589	35			
		4	Very often	54	24	3,555	23			
		—	Not applicable	5	2	897	7			
			Total	231	100	15,628	100			
c. Respected your identities and cultures	AADoftcultures	1	Never	2	1	381	3	3.3	3.2	.08
		2	Sometimes	31	14	2,090	13			
		3	Often	85	36	5,749	35			
		4	Very often	90	38	5,457	35			
		—	Not applicable	25	11	1,949	14			
			Total	233	100	15,626	100			
d. Cared about your overall well-being	AADoftwellbeing	1	Never	5	2	680	5	3.0	3.0	.06
		2	Sometimes	52	23	3,397	22			
		3	Often	95	40	5,851	36			
		4	Very often	75	32	4,841	31			
		—	Not applicable	6	2	892	7			
			Total	233	100	15,661	100			
5. Thinking about academic advising, about how often did someone at your institution discuss the following with you?										
a. Your academic goals and future plans	AADdiscgoals	1	Never	8	4	829	6	3.0	2.9	.08
		2	Sometimes	56	25	4,258	28			
		3	Often	96	42	5,589	35			
		4	Very often	69	29	4,614	29			
		—	Not applicable	2	1	340	3			
			Total	231	100	15,630	100			
b. How your major or expected major relates to your personal, academic, career, or future plans	AADdiscmajor	1	Never	14	7	1,146	8	2.9	2.9	.06
		2	Sometimes	54	23	3,876	25			
		3	Often	89	39	5,543	35			
		4	Very often	72	30	4,658	29			
		—	Not applicable	3	1	388	3			
			Total	232	100	15,611	100			
c. Special opportunities (study abroad, internship, service-learning, research, etc.)	AADdiscopp	1	Never	38	16	2,439	17	2.5	2.5	-.02
		2	Sometimes	83	35	5,029	32			
		3	Often	59	27	4,207	26			
		4	Very often	40	17	2,862	18			
		—	Not applicable	12	5	1,064	8			
			Total	232	100	15,601	100			

*p<.05, **p<.01, ***p<.001 (2-tailed); Refer to the endnotes page for the key to triangle symbols.

First-Year Students

Item wording or description	Variable name	Values[c]	Response options	Frequency Distributions[a] NMU Count	NMU %	Academic Advising Count	Academic Advising %	Statistical Comparisons[b] NMU Mean	Academic Advising Mean	Effect size[d]
d. Participation in co-curricular activities (organizations or clubs, performing arts, sports, etc.)	AADdisccocurr	1	Never	45	19	2,577	18	2.3	2.5	-.11
		2	Sometimes	82	36	5,074	32			
		3	Often	58	25	4,127	25			
		4	Very often	31	13	2,738	17			
		—	Not applicable	15	6	1,076	9			
			Total	231	100	15,592	100			
e. Resources for your well-being (health, counseling, financial guidance, etc.)	AADdiscwellbeing	1	Never	28	13	1,987	13	2.5	2.6	-.02
		2	Sometimes	78	33	5,067	32			
		3	Often	79	34	4,645	29			
		4	Very often	36	16	3,061	19			
		—	Not applicable	10	4	833	6			
			Total	231	100	15,593	100			
6. Overall, how much have people and resources at your institution supported you in the following?										
a. Wellness support services (mental health counseling, student health center, etc.)	AADsupwellness	0	Not at all	15	7	1,029	8	2.4	2.4	-.03
		1	Very little	20	8	1,411	9			
		2	Some	69	30	3,839	24			
		3	Quite a bit	42	18	3,533	22			
		4	Very much	43	18	2,930	18			
		—	Not applicable	42	18	2,857	20			
			Total	231	100	15,599	100			
b. Academic success	AADsupacad	0	Not at all	2	1	381	3	2.7	2.8	-.03
		1	Very little	16	7	938	6			
		2	Some	63	27	4,015	25			
		3	Quite a bit	96	42	5,371	34			
		4	Very much	46	19	3,995	26			
		—	Not applicable	8	4	874	6			
			Total	231	100	15,574	100			
c. Career advising	AADsupcareer	0	Not at all	15	7	807	6	2.4	2.5	-.13
		1	Very little	26	11	1,525	10			
		2	Some	65	29	4,297	27			
		3	Quite a bit	64	27	4,106	25			
		4	Very much	34	15	3,191	20			
		—	Not applicable	27	11	1,643	12			
			Total	231	100	15,569	100			
d. Emotional and physical health	AADsuphealth	0	Not at all	16	8	1,087	8	2.3	2.4	-.05
		1	Very little	26	11	1,652	11			
		2	Some	73	31	4,236	26			
		3	Quite a bit	51	22	3,589	22			
		4	Very much	38	16	2,891	18			
		—	Not applicable	27	12	2,118	15			
			Total	231	100	15,573	100			
e. Basic needs (e.g. housing, food)	AADsupneeds	0	Not at all	12	5	926	7	2.5	2.5	-.03
		1	Very little	22	10	1,286	8			
		2	Some	62	28	3,533	22			
		3	Quite a bit	72	31	4,184	25			
		4	Very much	45	18	3,537	21			
		—	Not applicable	18	8	2,096	16			
			Total	231	100	15,562	100			

*p<.05, **p<.01, ***p<.001 (2-tailed); Refer to the endnotes page for the key to triangle symbols.

First-Year Students

Item wording or description	Variable name	Values[c]	Response options	Frequency Distributions[a] NMU Count	NMU %	Academic Advising Count	Academic Advising %	Statistical Comparisons[b] NMU Mean	Academic Advising Mean	Effect size[d]
f. Social support (e.g., building connections, community, friendships)	AADsupsocial	0	Not at all	14	6	896	7	2.4	2.5	-.07
		1	Very little	23	10	1,433	9			
		2	Some	74	32	4,222	27			
		3	Quite a bit	65	29	4,139	25			
		4	Very much	40	16	3,401	21			
		—	Not applicable	14	6	1,440	11			
			Total	230	100	15,531	100			

7. Regarding academic advising, who has been the most helpful and in what way?

This final question asked students to respond in an open text box. Comments were recorded for 101 first-year student(s) and 229 senior(s). Responses are provided in your NSSE25 Student Comments Report and in a separate SPSS data file.

These open-ended responses appear exactly as respondents entered them and may not be suitable for distribution without prior review.

NSSE 2025 Academic Advising

Frequencies and Statistical Comparisons

Northern Michigan University

Seniors

Item wording or description	Variable name	Values[c]	Response options	Frequency Distributions[a] NMU Count	NMU %	Academic Advising Count	Academic Advising %	Statistical Comparisons[b] NMU Mean	Academic Advising Mean	Effect size[d]
1. To what extent have the following been helpful regarding your academic interests, course selections, academic performance, or future plans?										
a. Academic advisor, faculty, or staff assigned to advise you	AADhelpadv	1	Very little	57	13	2,360	14			
		2	Some	91	23	3,811	23			
		3	Quite a bit	130	31	4,653	27			
		4	Very much	123	31	5,466	33	**2.8**	2.8	.00
		—	Did not meet with	6	1	375	2			
		—	Not applicable	5	1	137	1			
			Total	412	100	16,802	100			
b. Academic advisor(s) available to any student	AADhelpany	1	Very little	68	16	2,229	13			
		2	Some	87	21	4,028	24			
		3	Quite a bit	88	21	3,736	22			
		4	Very much	60	16	3,898	24	**2.5**	2.7 ** ▽	-.19
		—	Did not meet with	89	21	2,107	13			
		—	Not applicable	20	5	774	5			
			Total	412	100	16,772	100			
c. Faculty or instructor(s) *not* assigned to advise you	AADhelpfac	1	Very little	38	9	1,902	12			
		2	Some	94	22	4,108	24			
		3	Quite a bit	114	28	3,732	21			
		4	Very much	64	16	3,331	20	**2.7**	2.6	.04
		—	Did not meet with	69	16	2,313	15			
		—	Not applicable	33	8	1,378	9			
			Total	412	100	16,764	100			
d. Online advising system (degree progress report, etc.)	AADhelponlsys	1	Very little	51	13	2,086	12			
		2	Some	95	23	3,952	23			
		3	Quite a bit	98	23	3,881	24			
		4	Very much	75	18	3,687	24	**2.6**	2.7 * ▽	-.12
		—	Did not meet with	63	15	2,042	11			
		—	Not applicable	29	7	1,112	6			
			Total	411	100	16,760	100			
e. Website, chatbot, catalog, or other published sources	AADhelpweb	1	Very little	71	18	2,749	16			
		2	Some	93	23	3,848	23			
		3	Quite a bit	48	11	2,483	15			
		4	Very much	34	9	2,032	13	**2.2**	2.4 ** ▽	-.18
		—	Did not meet with	122	29	3,480	21			
		—	Not applicable	43	11	2,150	13			
			Total	411	100	16,742	100			
f. Student services staff (learning and academic support, cultural centers, etc.)	AADhelpstuserv	1	Very little	68	17	2,563	15			
		2	Some	88	21	3,993	23			
		3	Quite a bit	48	12	2,401	14			
		4	Very much	27	7	2,073	12	**2.2**	2.4 ** ▽	-.19
		—	Did not meet with	151	36	4,319	26			
		—	Not applicable	29	7	1,381	9			
			Total	411	100	16,730	100			
g. Career services	AADhelpcarserv	1	Very little	64	16	2,566	15			
		2	Some	85	20	3,825	21			
		3	Quite a bit	44	10	2,258	13			
		4	Very much	28	7	1,941	11	**2.2**	2.3 ** ▽	-.17
		—	Did not meet with	163	39	4,781	30			
		—	Not applicable	27	7	1,378	9			
			Total	411	100	16,749	100			

*p<.05, **p<.01, ***p<.001 (2-tailed); Refer to the endnotes page for the key to triangle symbols.

Seniors

Item wording or description	Variable name	Values[c]	Response options	Frequency Distributions[a] NMU Count	NMU %	Academic Advising Count	Academic Advising %	Statistical Comparisons[b] NMU Mean	Academic Advising Mean	Effect size[d]
h. TRIO Programs staff	AADhelptrio	1	Very little	23	6	1,267	8			
		2	Some	15	4	1,182	7			
		3	Quite a bit	11	3	630	4			
		4	Very much	13	4	869	5	2.2	2.3	-.04
		—	Did not meet with	256	61	8,007	48			
		—	Not applicable	92	23	4,782	29			
			Total	410	100	16,737	100			
i. Disability or accessibility services staff	AADhelpdisserv	1	Very little	26	6	1,231	7			
		2	Some	23	6	1,271	7			
		3	Quite a bit	25	6	894	5			
		4	Very much	20	5	1,135	7	2.4	2.4	-.02
		—	Did not meet with	226	55	7,200	43			
		—	Not applicable	91	23	5,013	31			
			Total	411	100	16,744	100			
j. Success or academic coach	AADhelpsuccess	1	Very little	35	9	1,668	11			
		2	Some	47	11	2,089	13			
		3	Quite a bit	21	5	1,356	9			
		4	Very much	17	4	1,566	11	2.2	2.5 ** ▽	-.25
		—	Did not meet with	226	55	7,103	41			
		—	Not applicable	65	16	2,937	17			
			Total	411	100	16,719	100			
k. Peer advisor or mentor	AADhelppeer	1	Very little	31	8	1,576	9			
		2	Some	47	12	2,328	13			
		3	Quite a bit	36	9	1,630	9			
		4	Very much	28	7	1,636	10	2.4	2.5	-.02
		—	Did not meet with	200	48	6,511	40			
		—	Not applicable	66	17	3,057	19			
			Total	408	100	16,738	100			
l. Friends or other students	AADhelpfriend	1	Very little	31	8	1,234	8			
		2	Some	101	24	3,719	23			
		3	Quite a bit	136	33	4,840	27			
		4	Very much	111	27	5,233	29	2.9	2.9	-.04
		—	Did not meet with	13	3	983	8			
		—	Not applicable	20	6	722	6			
			Total	412	100	16,731	100			
m. Family members	AADhelpfam	1	Very little	56	13	2,048	13			
		2	Some	111	27	3,753	22			
		3	Quite a bit	108	25	4,065	24			
		4	Very much	102	25	5,147	30	2.7	2.8 * ▽	-.12
		—	Did not meet with	18	4	921	6			
		—	Not applicable	17	4	820	6			
			Total	412	100	16,754	100			
n. Other, please specify:	AADhelpoth	1	Very little	1	6	23	5			
		2	Some	1	12	14	3			
		3	Quite a bit	2	15	48	9			
		4	Very much	5	39	183	38			
		—	Did not meet with	0	0	20	4			
		—	Not applicable	4	29	196	41			
			Total	13	100	484	100			

*p<.05, **p<.01, ***p<.001 (2-tailed); Refer to the endnotes page for the key to triangle symbols.

NSSE 2025 Academic Advising

Frequencies and Statistical Comparisons

Northern Michigan University

Seniors

Item wording or description	Variable name	Values[c]	Response options	Frequency Distributions[a] NMU Count	NMU %	Academic Advising Count	Academic Advising %	Statistical Comparisons[b] NMU Mean	Academic Advising Mean	Effect size[d]
2. Do you know how to contact (in person, email, phone, or online) an advisor at your institution?										
	AADadvcontact		No	1	0	258	2			
	(Means indicate the percentage who responded "Yes")		Yes	409	99	16,260	97	99%	97% * △	.16
			Unsure	2	0	217	1			
			Total	412	100	16,735	100			
3. Thinking about academic advising, how much have people and resources at your institution done the following?										
a. Been available when needed	AADresavail	0	Not at all	5	1	247	2			
		1	Very little	21	5	978	6			
		2	Some	85	20	3,542	21			
		3	Quite a bit	172	42	6,047	35	3.0	3.0	.00
		4	Very much	124	30	5,717	35			
		—	Not applicable	4	1	181	1			
			Total	411	100	16,712	100			
b. Provided prompt and accurate information	AADresprompt	0	Not at all	4	1	328	2			
		1	Very little	29	7	1,129	7			
		2	Some	98	23	3,734	22	2.9	2.9	-.03
		3	Quite a bit	155	38	5,776	34			
		4	Very much	121	30	5,569	34			
		—	Not applicable	5	1	162	1			
			Total	412	100	16,698	100			
c. Provided information about learning support services (tutoring, writing center, success skills, etc.)	AADreslearn	0	Not at all	16	4	552	3			
		1	Very little	25	6	1,364	8			
		2	Some	98	23	3,896	23	2.8	2.8	-.02
		3	Quite a bit	143	36	5,008	30			
		4	Very much	105	26	5,001	31			
		—	Not applicable	24	6	859	5			
			Total	411	100	16,680	100			
d. Notified you of important policies and deadlines	AADrespol	0	Not at all	11	3	618	4			
		1	Very little	35	9	1,394	9			
		2	Some	89	21	3,596	21	2.8	2.8	.01
		3	Quite a bit	147	36	5,332	31			
		4	Very much	123	30	5,442	33			
		—	Not applicable	5	1	312	2			
			Total	410	100	16,694	100			
e. Reached out to you about your academic progress or performance	AADresprog	0	Not at all	66	16	1,951	12			
		1	Very little	67	16	2,467	15			
		2	Some	106	26	3,836	22	2.1	2.4 *** ▽	-.21
		3	Quite a bit	75	19	3,503	21			
		4	Very much	73	18	4,248	26			
		—	Not applicable	24	6	675	4			
			Total	411	100	16,680	100			
f. Followed up with you regarding something they recommended	AADresrec	0	Not at all	49	12	1,888	11			
		1	Very little	57	13	2,284	14			
		2	Some	108	26	3,692	22	2.3	2.4	-.08
		3	Quite a bit	83	21	3,538	21			
		4	Very much	84	21	4,221	26			
		—	Not applicable	31	8	1,066	7			
			Total	412	100	16,689	100			

*p<.05, **p<.01, ***p<.001 (2-tailed); Refer to the endnotes page for the key to triangle symbols.

Seniors

Item wording or description	Variable name	Values[c]	Response options	Frequency Distributions[a] NMU Count	NMU %	Academic Advising Count	Academic Advising %	Statistical Comparisons[b] NMU Mean	Academic Advising Mean	Effect size[d]
4. Thinking about academic advising, about how often did someone at your institution do the following?										
a. Took the time to learn about your hobbies and personal interests	AADofthobbies	1	Never	112	26	4,690	29	2.2	2.2	.01
		2	Sometimes	140	34	5,277	31			
		3	Often	86	21	3,069	17			
		4	Very often	54	13	2,746	16			
		—	Not applicable	19	5	909	6			
			Total	411	100	16,691	100			
b. Actively listened to your concerns	AADoftconcern	1	Never	26	7	1,353	8	2.9	2.8	.04
		2	Sometimes	105	25	4,676	28			
		3	Often	160	39	5,238	31			
		4	Very often	96	24	4,528	27			
		—	Not applicable	25	6	866	6			
			Total	412	100	16,661	100			
c. Respected your identities and cultures	AADoftcultures	1	Never	12	3	595	4	3.2	3.2	.00
		2	Sometimes	34	8	1,930	11			
		3	Often	162	38	5,118	30			
		4	Very often	128	32	6,222	37			
		—	Not applicable	76	19	2,801	18			
			Total	412	100	16,666	100			
d. Cared about your overall well-being	AADoftwellbeing	1	Never	25	6	1,164	7	3.0	3.0	.01
		2	Sometimes	83	20	3,563	21			
		3	Often	159	38	5,141	30			
		4	Very often	119	30	5,602	33			
		—	Not applicable	26	7	1,209	8			
			Total	412	100	16,679	100			
5. Thinking about academic advising, about how often did someone at your institution discuss the following with you?										
a. Your academic goals and future plans	AADdiscgoals	1	Never	27	7	1,341	9	2.8	2.9	-.03
		2	Sometimes	125	30	4,668	28			
		3	Often	144	35	4,904	29			
		4	Very often	109	27	5,417	32			
		—	Not applicable	7	2	327	2			
			Total	412	100	16,657	100			
b. How your major or expected major relates to your personal, academic, career, or future plans	AADdiscmajor	1	Never	41	10	1,863	12	2.8	2.8	.01
		2	Sometimes	105	25	4,083	25			
		3	Often	140	35	4,776	28			
		4	Very often	115	28	5,489	32			
		—	Not applicable	11	3	404	3			
			Total	412	100	16,615	100			
c. Special opportunities (study abroad, internship, service-learning, research, etc.)	AADdiscopp	1	Never	95	23	3,264	20	2.3	2.5 * ▽	-.11
		2	Sometimes	128	31	4,734	28			
		3	Often	93	22	3,718	22			
		4	Very often	66	16	3,435	20			
		—	Not applicable	29	7	1,474	10			
			Total	411	100	16,625	100			

*p<.05, **p<.01, ***p<.001 (2-tailed); Refer to the endnotes page for the key to triangle symbols.

Seniors

Item wording or description	Variable name	Values[c]	Response options	Frequency Distributions[a] NMU Count	NMU %	Academic Advising Count	Academic Advising %	Statistical Comparisons[b] NMU Mean	Academic Advising Mean	Effect size[d]
d. Participation in co-curricular activities (organizations or clubs, performing arts, sports, etc.)	AADdisccocurr	1	Never	125	30	4,246	27	2.1	2.3 ** ▽	-.14
		2	Sometimes	124	30	4,410	26			
		3	Often	72	17	3,093	17			
		4	Very often	46	12	2,887	16			
		—	Not applicable	45	11	1,976	14			
			Total	412	100	16,612	100			
e. Resources for your well-being (health, counseling, financial guidance, etc.)	AADdiscwellbeing	1	Never	86	21	3,567	22	2.3	2.4	-.03
		2	Sometimes	146	35	5,362	32			
		3	Often	92	22	3,301	19			
		4	Very often	56	14	2,955	17			
		—	Not applicable	31	8	1,432	10			
			Total	411	100	16,617	100			
6. Overall, how much have people and resources at your institution supported you in the following?										
a. Wellness support services (mental health counseling, student health center, etc.)	AADsupwellness	0	Not at all	46	11	1,815	12	2.1	2.2	-.08
		1	Very little	56	14	1,883	11			
		2	Some	120	29	3,817	22			
		3	Quite a bit	77	18	2,811	16			
		4	Very much	50	13	2,834	17			
		—	Not applicable	63	15	3,443	23			
			Total	412	100	16,603	100			
b. Academic success	AADsupacad	0	Not at all	16	4	782	5	2.6	2.7 * ▽	-.10
		1	Very little	33	8	1,311	8			
		2	Some	131	31	4,040	24			
		3	Quite a bit	129	32	4,919	29			
		4	Very much	81	20	4,487	27			
		—	Not applicable	19	5	1,052	7			
			Total	409	100	16,591	100			
c. Career advising	AADsupcareer	0	Not at all	34	8	1,423	10	2.2	2.3	-.07
		1	Very little	64	15	2,000	12			
		2	Some	120	29	4,385	26			
		3	Quite a bit	92	22	3,636	21			
		4	Very much	63	16	3,380	20			
		—	Not applicable	38	10	1,778	12			
			Total	411	100	16,602	100			
d. Emotional and physical health	AADsuphealth	0	Not at all	51	13	1,964	13	2.0	2.1	-.07
		1	Very little	57	14	2,210	13			
		2	Some	125	30	4,135	24			
		3	Quite a bit	78	19	2,913	16			
		4	Very much	46	11	2,702	16			
		—	Not applicable	53	13	2,662	18			
			Total	410	100	16,586	100			
e. Basic needs (e.g. housing, food)	AADsupneeds	0	Not at all	58	14	2,289	15	2.0	2.0	.01
		1	Very little	49	12	1,840	11			
		2	Some	109	26	3,390	19			
		3	Quite a bit	80	20	2,602	14			
		4	Very much	47	11	2,491	14			
		—	Not applicable	68	17	3,972	28			
			Total	411	100	16,584	100			

Seniors

Item wording or description	Variable name	Values[c]	Response options	Frequency Distributions[a] NMU Count	NMU %	Academic Advising Count	Academic Advising %	Statistical Comparisons[b] NMU Mean	Academic Advising Mean	Effect size[d]
f. Social support (e.g., building connections, community, friendships)	AADsupsocial	0	Not at all	39	10	1,885	13			
		1	Very little	51	12	1,843	11			
		2	Some	114	28	3,959	23			
		3	Quite a bit	102	24	3,305	18	2.2	2.2	.00
		4	Very much	53	13	3,046	17			
		—	Not applicable	51	13	2,515	18			
			Total	410	100	16,553	100			

7. Regarding academic advising, who has been the most helpful and in what way?

This final question asked students to respond in an open text box. Comments were recorded for 101 first-year student(s) and 229 senior(s). Responses are provided in your NSSE25 Student Comments Report and in a separate SPSS data file.

These open-ended responses appear exactly as respondents entered them and may not be suitable for distribution without prior review.

NSSE 2025 Academic Advising

Detailed Statistics[e]

Northern Michigan University

First-Year Students

Variable name	N	Mean		Standard error[f]		Standard deviation[g]		DF[h]	Sig.[i]	Effect size[d]
								Comparisons with:		
	NMU	NMU	Academic Advising	NMU	Academic Advising	NMU	Academic Advising	Academic Advising		
AADhelpadv	233	2.93	2.82	.060	.006	.91	.97	236	.069	.11
AADhelpany	178	2.75	2.76	.072	.006	.96	.96	180	.794	-.02
AADhelpfac	147	2.31	2.46	.075	.007	.91	.97	148	.053	-.15
AADhelponlsys	155	2.60	2.51	.073	.007	.91	1.00	157	.240	.09
AADhelpweb	164	2.38	2.34	.076	.007	.97	.99	166	.588	.04
AADhelpstuserv	152	2.48	2.47	.074	.007	.91	.97	154	.848	.01
AADhelpcarserv	125	2.40	2.43	.085	.007	.95	.98	126	.751	-.03
AADhelptrio	62	2.22	2.29	.122	.011	.96	1.05	62	.586	-.06
AADhelpdisserv	79	2.45	2.44	.118	.011	1.04	1.07	79	.984	.00
AADhelpsuccess	97	2.37	2.55	.099	.008	.97	1.01	97	.074	-.18
AADhelppeer	104	2.50	2.50	.096	.008	.98	.99	105	.933	-.01
AADhelpfriend	224	2.93	2.90	.059	.006	.89	.94	227	.629	.03
AADhelpfam	230	2.84	2.86	.064	.006	.96	1.00	233	.714	-.02
AADadvcontact	232	97%	96%	.010	.001	--	--	--	.198	.10
AADresavail	233	3.03	2.97	.054	.005	.83	.91	236	.257	.07
AADresprompt	232	3.05	2.96	.054	.005	.82	.91	235	.107	.10
AADreslearn	231	3.03	2.97	.058	.006	.88	.94	234	.236	.07
AADrespol	233	2.99	2.88	.056	.006	.86	1.01	237	.051	.11
AADresprog	229	2.37	2.35	.082	.008	1.24	1.29	232	.825	.01
AADresrec	223	2.48	2.41	.080	.008	1.20	1.26	226	.392	.05
AADofthobbies	230	2.37	2.29	.065	.006	.99	.99	233	.265	.07
AADoftconcern	227	2.86	2.79	.056	.005	.84	.90	230	.205	.08
AADoftcultures	208	3.25	3.19	.052	.005	.75	.81	211	.238	.08
AADoftwellbeing	228	3.05	3.00	.054	.005	.81	.87	231	.348	.06
AADdiscgoals	230	2.96	2.89	.055	.005	.84	.90	233	.217	.08
AADdiscmajor	230	2.93	2.87	.060	.006	.91	.94	233	.334	.06
AADdiscopp	222	2.47	2.49	.066	.006	.98	1.00	224	.751	-.02
AADdisccocurr	217	2.34	2.45	.065	.006	.96	1.00	220	.097	-.11
AADdiscwellbeing	222	2.55	2.57	.062	.006	.92	.97	225	.698	-.02
AADsupwellness	190	2.38	2.42	.087	.008	1.20	1.22	192	.707	-.03
AADsupacad	223	2.74	2.78	.060	.006	.89	1.02	227	.561	-.03
AADsupcareer	207	2.35	2.50	.080	.007	1.14	1.15	210	.061	-.13
AADsuphealth	204	2.30	2.37	.082	.008	1.17	1.21	207	.431	-.05
AADsupneeds	214	2.51	2.55	.075	.008	1.10	1.21	217	.603	-.03
AADsupsocial	216	2.41	2.49	.075	.007	1.11	1.18	219	.276	-.07

*p<.05, **p<.01, ***p<.001 (2-tailed); Refer to the endnotes page for the key to triangle symbols.

NSSE national survey of student engagement

NSSE 2025 Academic Advising

Detailed Statistics[e]

Northern Michigan University

Seniors

Variable name	N	Mean		Standard error[f]		Standard deviation[g]		DF[h]	Sig.[i]	Effect size[d]
								Comparisons with:		
	NMU	NMU	Academic Advising	NMU	Academic Advising	NMU	Academic Advising	Academic Advising		
AADhelpadv	402	2.81	2.81	.051	.006	1.03	1.06	410	.984	.00
AADhelpany	306	2.49	2.68	.061	.006	1.06	1.05	311	.001	-.19
AADhelpfac	313	2.68	2.64	.053	.006	.95	1.03	320	.452	.04
AADhelponlsys	319	2.60	2.73	.057	.006	1.02	1.04	325	.028	-.12
AADhelpweb	249	2.17	2.36	.064	.007	1.01	1.05	253	.005	-.18
AADhelpstuserv	232	2.17	2.37	.065	.007	.99	1.04	236	.002	-.19
AADhelpcarserv	219	2.16	2.34	.067	.007	1.00	1.05	223	.010	-.17
AADhelptrio	65	2.25	2.29	.146	.012	1.18	1.15	65	.786	-.04
AADhelpdisserv	92	2.42	2.44	.116	.012	1.12	1.15	93	.849	-.02
AADhelpsuccess	120	2.17	2.45	.093	.009	1.02	1.11	121	.004	-.25
AADhelppeer	145	2.44	2.46	.087	.009	1.05	1.08	146	.805	-.02
AADhelpfriend	378	2.85	2.89	.048	.005	.94	.98	386	.438	-.04
AADhelpfam	376	2.68	2.80	.053	.006	1.03	1.06	384	.020	-.12
AADadvcontact	412	99%	97%	.004	.001	--	--	--	.014	.16
AADresavail	407	2.97	2.97	.045	.005	.90	.98	417	.939	.00
AADresprompt	407	2.90	2.93	.047	.005	.95	1.01	416	.460	-.03
AADreslearn	388	2.78	2.81	.053	.006	1.05	1.09	396	.642	-.02
AADrespol	406	2.84	2.83	.052	.006	1.04	1.11	415	.815	.01
AADresprog	386	2.07	2.36	.068	.007	1.34	1.35	394	.000	-.21
AADresrec	381	2.28	2.39	.067	.007	1.30	1.35	389	.111	-.08
AADofthobbies	391	2.22	2.21	.051	.006	1.00	1.06	400	.858	.01
AADoftconcern	386	2.85	2.82	.045	.005	.88	.95	395	.430	.04
AADoftcultures	334	3.22	3.22	.042	.005	.77	.86	342	.959	.00
AADoftwellbeing	385	2.98	2.97	.045	.005	.88	.95	394	.770	.01
AADdiscgoals	405	2.83	2.86	.045	.005	.90	.97	414	.561	-.03
AADdiscmajor	400	2.84	2.83	.048	.005	.96	1.03	409	.768	.01
AADdiscopp	381	2.34	2.46	.053	.006	1.04	1.07	389	.027	-.11
AADdisccocurr	365	2.12	2.27	.053	.006	1.02	1.10	374	.004	-.14
AADdiscwellbeing	379	2.32	2.35	.051	.006	.99	1.05	387	.571	-.03
AADsupwellness	350	2.09	2.19	.066	.008	1.23	1.34	359	.125	-.08
AADsupacad	388	2.59	2.70	.053	.006	1.04	1.14	397	.035	-.10
AADsupcareer	371	2.25	2.34	.062	.007	1.19	1.27	379	.128	-.07
AADsuphealth	356	2.03	2.11	.065	.008	1.22	1.33	365	.173	-.07
AADsupneeds	343	2.03	2.02	.068	.008	1.27	1.39	352	.867	.01
AADsupsocial	357	2.20	2.19	.063	.008	1.19	1.34	366	.955	.00

*p<.05, **p<.01, ***p<.001 (2-tailed); Refer to the endnotes page for the key to triangle symbols.

Endnotes

a. Column percentages are weighted by institution-reported sex and enrollment status (and institution size for comparison groups). Percentages may not sum to 100 due to rounding. Counts are unweighted; column percentages cannot be replicated from counts. Comparison group details are in the Selected Comparison Groups report, linked in the Data & Reports table on the Institution Interface.

b. All statistics are weighted by institution-reported sex and enrollment status (and institution size for comparison groups). Unless otherwise noted, statistical comparisons are two-tailed independent t-tests. Items with categorical response sets are left blank.

c. These are the values used to calculate means. For the majority of items, these values match the codes in the data file and codebook.

d. Effect size for independent t-tests uses Cohen's d; z-tests use Cohen's h.

e. Statistics are weighted by institution-reported sex and enrollment status (and institution size for comparison groups). Categorical items are not listed.

f. The 95% confidence interval for the population mean is equal to the sample mean plus or minus 1.96 times the standard error of the mean.

g. A measure of the amount individual scores deviate from the mean of all the scores in the distribution.

h. Degrees of freedom used to compute the t-tests. Values differ from Ns due to weighting and whether equal variances were assumed.

i. Statistical comparisons are two-tailed independent t-tests or z-tests. Statistical significance represents the probability that the difference between your students' mean and that of the students in the comparison group is due to chance.

j. Statistical comparison uses z-test to compare the proportion who responded (depending on the item) "Done or in progress" or "Yes" with all who responded otherwise.

k. Mean represents the proportion who responded (depending on the item) “Done or in progress” or "Yes."

Key to symbols:

▲ **Your students' average** was significantly higher ($p < .05$) with an effect size at least .3 in magnitude.

△ **Your students' average** was significantly higher ($p < .05$) with an effect size less than .3 in magnitude.

▽ **Your students' average** was significantly lower ($p < .05$) with an effect size less than .3 in magnitude.

▼ **Your students' average** was significantly lower ($p < .05$) with an effect size at least .3 in magnitude.

Note: It is important to interpret the direction of differences relative to item wording and your institutional context. You may not see all of these symbols in your report.