**SETTING GOALS FOR YOUR STUDY ABROAD EXPERIENCE**

Should you opt for a semester and study at a ***leading university*** somewhere overseas? Or should you make the most of this chance to network and explore a career path with an ***academic internship***? Could you do both? What about all the ***NMU group programs***, led by NMU faculty….? With so many options – making a choice can be hard.

The International Education Services team encourages you to list some goals in ***5* key areas**. Do it BEFORE you look at all the program materials, with their exciting photos and jam-packed information. It can really help to stay **FOCUSED** on YOUR **GOALS** for the experience. It’s your study abroad….right?

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| **1. ACADEMICS**Are there courses to advance your major or minor? Can you identify any to meet a liberal studies or world cultures requirements? Which course might help you explore the host culture…or an interest outside your usual NMU classes?  | 1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  |
| **2. PERSONAL DEVELOPMENT**Are you eager to test your open-minded attitude? Your flexibility? How will you cope with unfamiliar transportation systems? Jot down three ways you will challenge yourself toward these goals. | 1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **3. SOCIAL**Do you want to expand your network of international friends? Blog about your experience? Act as an ambassador for your program back on NMU’s campus? | 1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **4. CULTURAL EXPLORATION**What historic sites and activities are available in your host country? Tea ceremony in Japan? Is there a museum, a national park, a theater you’ve always wanted to explore? Stonehenge in the UK?A soccer match in Argentina? How will you encounter your amazing adopted culture? | 1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **5. PROFESSIONAL**Are there internship or volunteer experiences available through your program? Or service learning? Identify 2 to 3 specific work skills you would like to develop. For example: assisting the coach at a professional soccer meet; organizing a meet-the-author event for a small publishing firm; gaining broadcast experience at a national radio station. Working with robots at a stroke clinic to rehabilitate older clients. The scope is limitless! | 1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **Thank you for completing this form. Please bring it with you to your first study abroad advising appointment.**  |