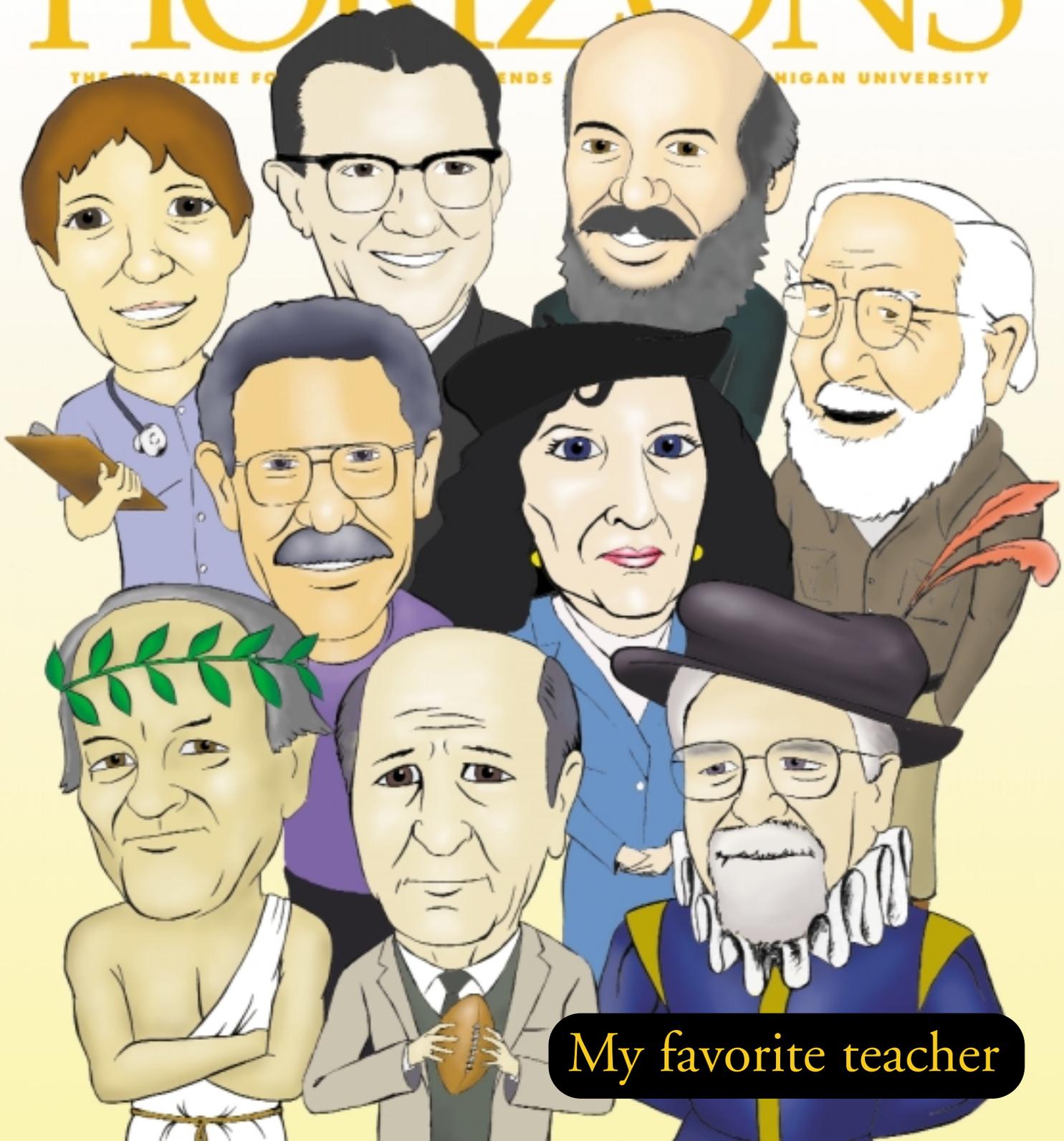


Northern HORIZONS

WINTER 2001

THE MAGAZINE FOR FRIENDS OF MICHIGAN UNIVERSITY



My favorite teacher



Farewell Mac

This issue of *Horizons* was funded in part by the generosity of Earl McIntyre of Neenah, Wis., who passed away on Aug. 19, 2000. The gift was sent on his behalf by his sister, Blanche McIntyre.

Earl dedicated the majority of his life to journalism and print media. He was the director of Communications at Northern from 1965-1972. He supervised the News Bureau, Athletic News Bureau (including radio), all official student publications, the university editor's office, the university lecture-concert series, and special relations projects.

Prior to coming to NMU, he served as a military intelligence officer in the South Pacific. He taught journalism at Michigan State University and then moved on to Florida State University's Journalism School in 1956, where he helped form the Florida Magazine Association and served as its executive director for several years. For the next 10 years, he conducted the group's annual magazine contest and workshop.

He was named an associate professor of journalism at the University of South Carolina in 1961 and served as secretary-manager of the South Carolina Press Association and an executive director of the State Scholastic Press Association. He was elected president of the Advertising Club in Columbia and later was presented the Advertising Federation of America Printers Ink Silver Metal Award.

After his tenure at NMU, Earl moved to Virginia Commonwealth University. He was the first full-time sports information director for VCU until 1986. He then began working at the VCU police department and retired in 1995.

On behalf of all of us here at *Horizons*, I'd like to thank Earl for contributing to the ongoing improvement of Northern's alumni publication.

—KW

Horizons

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Winter 2001

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Northern HORIZONS

FOR ALUMNI AND FRIENDS OF NORTHERN MICHIGAN UNIVERSITY
WINTER 2001 • VOLUME 90 • NUMBER 2

FEATURES

On the cover

My favorite teacher

In the last issue of *Horizons*, we asked you to write us about your favorite teacher during your time at NMU. Here is what eight alumni recall about their most memorable professors.

COVER ART BY JEREMY KUHN '00



Passionate for the Pasty

Just like iron ore mining and long, snowy winters, the pasty has an indelible tie with Michigan's Upper Peninsula. NMU Instructor Leslie Cory Shoemaker explores our attachment to the pasty and helps explain its simple mystique.

DEPARTMENTS

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LIFELONG LOVE



The article in *Horizons* on **Joyce Sharer '52** and **Ron Morrison '54** ("Reunited..." Fall 2000) was interesting. I knew Joyce slightly. I didn't know Ron, but I remember seeing him

around. That was a great story.

I like our story even better. My original honey and I are still going down the road of life together. We were married at St. Michael's across the street from NMU. It was still in the building that was originally a women's dormitory for the college.

NMU is a completely new institution from when I attended. I'm sure it's greatly improved and students are receiving a wonderful education.

NMU was just part of my life up there.

At this stage of the game, I am doing something new — being a church choir director. It is very exciting, being the one to pick out and interpret the music. My husband sings in the choir and is a soloist.

—**Dorothy Drozdiak '51**

LETTERS POLICY

Horizons welcomes all incoming letters for inclusion in the publication. Priority will be given to letters addressing issues or topics discussed in the magazine. Letters will be printed as space permits, and they may be edited for brevity and clarity. If there are too many letters on a given topic for the space available, we will choose a balanced, representative sample.

Send your letters to horizons@nmu.edu or mail to *Horizons* editor, Northern Michigan University, 1401 Presque Isle Avenue, Marquette, Michigan 49855.

Technology for tomorrow

Northern participates in Internet 2 project

By KRISTI EVANS

Northern Michigan University is a secondary participant in the Internet 2 project. Internet 2 is a consortium of more than 180 research universities working with industry and government to develop advanced network applications and technologies.

In order to become involved in the project, NMU had to be sponsored by an Internet 2 member institution. This support came from Michigan Technological University.

"Northern has always had a collaborative relationship with Tech," said Fred Joyal, interim provost and vice president of academic affairs at NMU. "Internet 2 is nationally recognized as playing a pivotal role in the future of research and higher education. While Northern is not a doctoral-granting institution like MTU, we do have faculty involved in major research who could utilize a network that allows them to collaborate with others and share material and data."

NMU hosted a visit by MTU administrators and staff members Nov. 10 to discuss projects, applications and collaboration opportunities. An NMU delegation traveled to Houghton Dec. 13 to discuss the technical implications.

The partnership at the heart of Internet 2 — featuring academia, government and industry — also was responsible for nurturing the original Internet during its infancy.

"The current Internet started out as a federally-subsidized system designed to link research universities

with government agencies and companies making use of the research," Joyal said. "When it gained popularity as a commodity network, the government bowed out."

The network became so clogged with commercial and other traffic that researchers had a hard time collaborating and testing applications. Joyal said they needed a dedicated, advanced network capable of controlling high-powered instruments in real time, moving lots of data or commands, and handling multiple users.

This prompted the creation of Abilene, the high-speed backbone managed by the Internet 2 project. NMU will work with Michigan Tech and Merit Inc., a pioneer in network management, to connect to Abilene.

"One of the applications we see coming out of this opportunity is streaming video," Joyal said. "Rather than downloading video and then playing it back, digital telecommunication links allow you to transfer video in a stream. It's like watching TV, but it doesn't require so much bandwidth. This could present interesting applications for distance education and sharing all kinds of material."

Joyal said Northern is already working on collaborative research projects with MTU and the University of Illinois. He expects more will follow. At the Nov. 10 kickoff meeting with MTU, Joyal estimated that 10-15 Northern faculty either had or envisioned applications that would benefit from Internet 2 access.

High-tech recruiting

On-line college fairs help Northern expand its recruitment reach

By BRANDI SHEETS

High school students increasingly depend on the Internet to research college options, so the recruiting process has gone high tech. Northern Michigan University has joined other universities participating in on-line college fairs.

"Participation in on-line college fairs is an important statement the university is making concerning becoming a technologically advanced learning environment," said Gerri Daniels, director of admissions at Northern Michigan University.

According to Daniels, the fairs also allow the university to reach students who would not have the opportunity to learn about NMU at traditional college fairs.

NMU participates in the fairs hosted by the National Association for College Admissions Counseling, whose mission is to help students make successful transitions from high school to college. At each fair, the university has a booth that students can access via the World Wide Web. If students are interested in speaking with campus representatives, they can enter the NMU chat room.

"The fairs have advantages for students beyond providing access to information on colleges," said Daniels. "If students do not know what colleges they are interested in or whether the schools provide their program, they can fill out a profile of themselves and search for colleges that can meet their needs."

Northern participated in its first



on-line college fair in October. At this fair, 28 students accessed the NMU booth and 20 students entered the chat room to speak with campus representatives. The university participated in an international student on-line fair as well as a science, engineering, and technology fair and a general focus fair in November. Northern will participate in another general focus fair in March.

"It is still too early to judge the impact of the fairs, but we are tracking the students who showed interest," said Daniels.

According to Daniels, the university is also investigating the possibility of hosting on-line open houses. The office of International Affairs is considering hosting open houses so students from around the world can contact the university and ask questions. This would eliminate barriers related to geography and time zones.

Bailey announces five-year enrollment goal

Northern Michigan University President Judi Bailey used her fall convocation address to announce a goal of boosting total enrollment to 11,200 by the year 2005. That would be an increase of about 3,000 students from fall 2000 headcount.

"Is it a reachable goal? Absolutely," Bailey told the faculty and staff in attendance. "We've already made strong strides in the right direction. The average increase in the freshman class in each of the past two years has been 13.6 percent. These increases will compound over time. We have made a good start; we're well on our way."

Of the total enrollment goal of 11,200, undergraduates would account for 10,300. That would be a 43 percent jump from the fall 1999 undergraduate count.

"Our belief is that these particular figures will make our student body large enough to bring our state appropriation figure down to \$5,500 per fiscal-year-equated student," she said, adding that the state legislature has established \$4,500 per FYES as the "floor funding level" for universities in NMU's peer group.

While campus housing is filled to capacity for this academic year, Bailey said NMU will not have to build new facilities to accommodate future growth, but will have to be innovative in its use of available facilities to address student housing needs.

NMU's fall 2000 enrollment report shows a total headcount of 8,435. This represents about a 4 percent increase from the 7,920 figure recorded in fall 1999.

Be true to your school

Show your Wildcat spirit by purchasing an NMU license plate.

NMU is one of 15 public universities in Michigan with its own license plate through a new state initiative designed to let Michigan residents show pride in the school of their choice and, at the same time, help that school raise additional revenue.

The plates were made available for sale on Oct. 2.

Two versions of the plate are available — a regular plate that may be renewed annually and a collector's plate for display on an automobile.

Motorists will pay \$35 above their annual vehicle registration fee to purchase a fundraising plate, with \$25 going to the university. Each time the license plate is renewed, a \$10 renewal fee, above the annual vehicle registration fee, will be collected and sent to the university. The collector's version of the NMU plate can be purchased for a one-time fee of \$35, with \$25 going to the university.

Those ordering either version of the plate at a Secretary of State branch office will receive their plate in the mail. The plates are available with a disabled designation, and they also can be personalized with no more than five characters for an additional fee of \$30.

Proceeds will help fund student scholarships, student learning activities, and help support alumni relations programming.

For more information, including options for ordering plates, visit the university license plate page on the Secretary of State Web site at www.sos.state.mi.us/updates/.



News from the mall

Updates from the four academic colleges

College of Arts and Sciences

Biology professor recognized for excellence in teaching

Biology Professor Jacqueline Bird has been recognized for her teaching excellence in *Who's Who Among America's Teachers 2000*. A professor at NMU since 1996, Bird is conducting two ongoing research projects. She is exploring the epidemiology of brainworm infections in white-tailed deer, and she is researching the ecology of the deer tick in Menominee County. She also is working with a former graduate student on a manuscript concerning a survey of parasites in dogs in Marquette County.

Geography profs give students a worldly experience

John Anderton, assistant professor of geography, and Richard Eathorne, instructor of geography, are enhancing their students classroom experience with world travel. Anderton recently spent 11 days in Scotland with a group of geography students.

"It gave students a very different perspective about their own lives and their own societies," Anderton said. "They got to see a different way of doing things, a different way of organizing things culturally."

Eathorne took a group of geography students to Costa Rica to get a feel for the ecotourism there and to explore the national parks and culture.

College of Professional Studies

NMU names new head of Sociology and Social Work

Ira Hutchison joined the college as the new head of the department of Sociology and Social Work.

Hutchison taught at the University of North Carolina at Charlotte for the past 23 years. His general teaching interest is the sociology of marriage and family. For the last 20 years, almost all of Hutchison's research has been in the area of family violence.

Hutchison assumed the responsibilities of department head on Aug. 1.

Criminal Justice professor sought for program expertise

Professor Bill Waters recently returned from Durban Westville University School of Law in South Africa, where he was invited to teach a full semester course on alternative dispute resolution. While at the university, Waters consulted with the law school on the development of a criminal justice program. He also consulted with members of the criminal justice community in Durban.

Nursing gets a new name, new facilities

The Department of Nursing has become the School of Nursing. The School now offers nursing from the technical LPN level all the way through the master's level.

The School of Nursing also is in the final planning stages for their new Nursing Arts lab. The lab was recently renamed the Rettig Nursing Arts Lab for the School's first dean, Margaret Rettig. In addition to the new lab, nursing students will soon get to take advantage of the Pendil home suite, which will be a simulation of a home environment. This will enable students to practice nursing care in a home setting prior to going out and providing care for real patients in the community.

Walker L. Cisler College of Business

New program assists women-owned businesses in the U.P.

Northern Michigan University and area business leaders are sponsoring the international *ATHENA PowerLink* program in the Upper Peninsula.

This non-profit program is offered through the ATHENA Foundation. Its mission is to help women-owned businesses expand profitability through leadership and input from a volunteer advisory panel comprised of successful community professionals.

The Walker L. Cisler College of Business is a sponsor of the program.

According to the foundation, the "advisory panel concept" has had a major impact on many women-owned businesses. After completing the year of counseling provided by the advisory panels, participants have seen increases in their average gross revenues, number of employees, real estate and sales taxes paid, and size of occupied office space.

Interested women business owners can apply for the *ATHENA PowerLink* program based on their potential to effectively utilize an advisory panel and its ability to assist the business' profitable growth.

Established women business owner candidates must meet certain criteria to be considered and selected for the program.

College of Technology and Applied Sciences

Forging partnerships

The College of Technology and Applied Sciences is developing a partnership with Pioneer Surgical Technology to aid with an expansion of their manufacturing capacity. Bill Rigby, head of the Industrial Technologies department, is spearheading the partnership.

The healing force of art

By KRISTI EVANS

Sam Dozzi says art saved him from depression.

The Gwinn resident had always been interested in screen printing; he even dabbled in it professionally, producing t-shirts and cards. But Dozzi wanted to perfect the craft and explore its untapped potential. The motivation to finally fulfill this desire came from an unfortunate source: Polycystic Kidney Disease.

PKD is a disorder in which multiple clusters of cysts form on the kidneys and impair their function. Dozzi, 51, his brother and sister inherited the disease from their father.

"When I entered the final stages of renal failure, I figured it was my last chance to pursue my interest in screen printing," Dozzi said. "I needed something to get my mind off my health problems. I was brooding and making myself miserable."

Rather than wallow in self-pity, he enrolled in classes at Northern Michigan University. Now three of his creations are being featured in a national juried exhibition, *Art as Healing: Aesthetic Objects That Restore One to Health*.

It is an appropriate showcase for Dozzi and the 17 other artists assembled for the traveling collection. Each discovered that the creative process offers a means of recovery from a traumatic illness or incident.

"My art was a source of comfort; it kept me going," Dozzi explained. "Many times I had to push myself because I had little energy or I was in pain, but it was healing me mentally. Art won't improve my condition, but it improves my outlook."

During the fall semester Dozzi was on the NMU campus three times each week for printmaking sessions with NMU professor John Hubbard.

"Sam has come a long way," Hubbard said. "When he started, he had traditional, stereotyped ideas about images and didn't know much about the process. But his imagery has changed dramatically. He's tapping into his own ideas and bringing more originality to his work. He's researching new processes and techniques, and sometimes even shows me a few things. And he's a hard worker; he's a nice student to have around."

In addition to having his work accepted in a national exhibition, Dozzi also learned he won a purchase award worth up to \$500. He is not used to his creativity paying off financially.

"I don't do this to make money — just to keep occupied," he said. "I've given a lot of my work away. If someone likes something I've done, I give it to them. If they get enjoyment out of the image, that makes me feel good."

The Art as Healing exhibition — sponsored by the Printmaking Council of New Jersey — will travel to a number of hospitals and other venues through October 2002.



Sam Dozzi thinks of himself as an image technician. "There's beauty in all things," he said, "and sometimes you can tweak them to get even more out of them."

Edmund Fitzgerald tragedy inspires theater production

By KRISTI EVANS

Shelley Russell is afraid of water and doesn't know how to swim. Ironic, considering the Northern Michigan University professor and playwright derives so much creative inspiration from Lake Superior and its surrounding region.

Her latest effort is *Holdin' Our Own: The Wreck of the Edmund Fitzgerald*. The play opened at NMU Nov. 8 — two days before the 25th anniversary of the tragedy. The title is based on the final words uttered by Captain Ernest McSorley before the Fitzgerald disappeared beneath the surface.

Russell said she never set out to write a play on the Edmund Fitzgerald. When a friend made the suggestion based on the approaching anniversary, she was preoccupied with other projects and hardly eager to take on a new one. Still, once presented with the idea, she couldn't get it out of her head.

"There's an odd dialectic surrounding the incident," she said. "On one hand, there's the argument that it was a matter of fate that the ship happened onto that storm. On the other hand, there are those who question why that ship was anywhere near that storm in the first place."

The debate and mystery surrounding the Fitzgerald is well documented. Russell scoured many books and articles during the course of her research. She and members of the cast also ventured aboard the Lee A. Tregurtha, a freighter that frequently docks in Marquette to take on a load of iron ore pellets.

The boat's captain, Jim Nuzzo of

the Interlake Steamship Company, served as a consultant on *Holdin' Our Own*. Nuzzo and a Fitzgerald crew member were classmates at the Great Lakes Maritime Academy.

"I like the perspective of the script because it personalizes the tragedy and the individual trauma as it developed," he said. "I think it's an honorable attempt to memorialize the individuals rather than glamorize the sinking."

The resulting production — a combination of historical accuracy and artistic license — features a cast of 14. Eleven compose a representational group aboard the Edmund Fitzgerald. The remaining three are on the Anderson, the boat in closest proximity to the Fitzgerald on that fateful evening.

"On the surface, you had a storm, a driven captain, and an experienced crew on this flagship vessel of the company; all of these factors combined to make it seem indestructible," Russell said. "Yet this was a ship with mechanical problems — two radars were out. The Whitefish beacon and light were also out. At some point, you can't help but look at this and ask about the real explanation for what happened."

There have been countless shipwrecks on the Great Lakes, but the Edmund Fitzgerald has had the most enduring impact. It happened recently enough that many people clearly remember reports of the Nov. 10, 1975, incident. It was also immortalized in the compelling ballad by Gordon Lightfoot.

Russell said it was impossible to



In Shelley Russell's mind, she has spent the past year on an ore boat, immersed in thoughts of what transpired during the final hours of that ill-fated voyage.

research the tragedy without being personally affected.

"During the day, it never let go of me," she said. "I looked at the lake and thought of the crew. As I played with my daughter, I thought of how some of those men wanted nothing more than to see their kids again."

Despite being haunted by Lake Superior, Russell plans to "write about her until the day I die." Her work often revolves around the natural surroundings and people of Michigan's Upper Peninsula. She wrote and directed *Haywire*, a musical about a U.P. logging camp that was performed at the Kennedy Center. She also was the creative force behind *Beacon on the Rock*, a musical about the diverse immigrant groups that settled the region.



Captain McSorley, played by NMU freshman Bill Holland, leaves the dock and boards the Edmund Fitzgerald for her final voyage.

Making waves

Northern professor is using radio to promote wellness in Africa

By KRISTI EVANS

Louise Bourgault's fascination with Third World countries traces back to her Rhode Island childhood. She attended a Catholic school, where missionary nuns narrated slide shows detailing their work in underdeveloped areas. She also enjoyed leafing through the pages of National Geographic and other magazines that offered glimpses of far-off places and people.

When Bourgault enrolled at Syracuse University as a teenager, however, her academic compass was pointing in a different direction. She originally planned to major in advertising.

"I became turned off by using media simply to sell products and measure ratings," she said. "We're talking about a very powerful tool and it seemed like it could be used for some higher purpose."

In the Syracuse University library, Bourgault experienced a life-defining moment when she stumbled upon a section on Africa. She sat amidst the stacks poring over books with the same anticipation and curiosity she experienced as a child with National Geographic.

"Somewhere in the midst of all this, I found out that the mass media were being employed in promotion of Third World wellness. I thought — Eureka — this is it; this is what I want to do!"

As a professor in the Communications and Performance Studies department at NMU, Bourgault now is able to combine her affinity for Third World countries — particularly those

in Africa — with her academic interests in communications and broadcasting.

She traveled to Liberia in 1989 with the U.S. Aid Project to help promote the expansion of rural radio.

"They had been broadcasting in Africa in major languages like Swahili, but the minor languages were excluded," Bourgault said. "It was a matter of making radio accessible to more Liberians by giving them a representative voice. The project promoted development and put 13 Liberian languages on the air."

On another U.S. Aid excursion, Bourgault spent three weeks in Mali leading a workshop on broadcast scriptwriting techniques and production ideas. She developed a manual that was distributed to the country's 90 non-governmental stations.

"The new radio system in Mali is deregulated," she said. "Most of the stations are low power and underfunded. They tend to be community oriented — similar to public access television. There are even women on the air now, which previously would not have happened."

Bourgault spent a portion of her 1999-2000 sabbatical in Durban, South Africa. She served as a scholar in residence at the University of Natal.



Louise Bourgault with research assistant John Momo in Mauwa, Liberia, West Africa.

While researching the use of performance art to address AIDS and other social ills in South Africa, Bourgault discovered Eager Artists. The troupe combines acting, singing, and dancing to raise awareness of various causes.

With the help of local individuals and organizations, Bourgault brought Eager Artists to Marquette in October.

"That experience taught me that the way to really impact students is to touch them personally and allow them to make human connections," she said. "I could have shown a video or had a guest lecture, but they wouldn't have been nearly as effective. My students were so buzzed because they had a whole week to connect with these performers. There was a big hugfest the last night they were in town."

One of her students is producing a video on the Eager Artists' visit. Others are working on a multi-media CD companion to the book she is writing titled, *Playing for Life: African Performance in the Age of AIDS*.

Reunion Weekend June 29-30, 2001



Make your plans now to be on campus for this special weekend. We'll have a variety of reunion activities including an alumni reception, family events, class reunions, a hockey alumni game, and much more.

The following groups have already begun their planning:

- NMU Hockey 25th Anniversary
- Student Leader Fellowship 10th Anniversary
- Classes of 1950 and 1951 Golden Anniversary

If you are interested in getting your class, student group or friends together, and need some assistance with planning, get in touch with the Alumni office. We'll help. This is the perfect opportunity to renew friendships with former classmates.

Contact the Alumni Association toll free at 1-877-GRAD NMU or alumni@nmu.edu.

NMU Hockey Alumni Game

Celebrate 25 years of Wildcat hockey with a Wildcat Alumni benefit hockey game.

Former Wildcats from around the country will take to the ice at the Berry Events Center. Don't miss out on this opportunity to watch current and former NHL players, as well as those well-known Wildcat names from 25 years of Wildcat hockey.

It's all part of Reunion Weekend 2001, Friday and Saturday, June 29 and 30.

Giving thanks...

By SUSAN DAGENAIS '87, '90 MA

In late September, I spent a couple of days at NMU and had the opportunity to present a techniques workshop in the New Science Facility to some of the students in the diagnostic genetics program. I would like to congratulate the faculty, staff, and everyone involved in designing and building the New Science Facility. It is a wonderful educational facility for both teaching and research. As NMU continues to grow and improve, I applaud all faculty and staff for their hard work and dedication.

I initially chose to attend NMU because of its successful pre-med program. But after participating in a valuable preceptorship program that is offered to pre-med students, I discovered that a career in medicine was not for me. I have received both a bachelor's degree in biochemistry and a master's degree in biology from NMU, and the education that I received from the faculty at Northern provided me with the tools I needed to continue my education and receive my doctorate in pathology from the State University of New York at Buffalo.

There are two NMU professors who were instrumental in my decision to continue my education. I will always be grateful to Frank A. Verley, professor of biology and Thomas W. Griffith, retired professor of chemistry, for seeing potential in me and encouraging me to apply to the master's program in biology at NMU. My experience as a graduate student in the department of biology was so positive that I chose to continue my education after receiving my master's degree. As a graduate student at NMU, I had the opportunity to participate in a research project and be a teaching assistant. Both experiences were valuable to me formulating my career goals.

I would like to thank all my former professors for providing me with a wonderful educational experience, but especially, the present and retired faculty members from the biology and chemistry departments for their dedication to higher education and research. As a graduate student, I had the great fortune to have Frank Verley as my mentor. As many of his former and present students know, Dr. Verley takes a great deal of interest in the educational growth of his students. Over the years, he has continued to provide me with valuable guidance and encouragement in my career decisions. I would like to thank him for the dedication he has to teaching and the interest he takes in his students.

Susan Dagenais is a research fellow in the Departments of Human Genetics and Pediatrics at the University of Michigan, Ann Arbor.



A bittersweet Sports Hall of Fame

Our thoughts are with the **Jim Lindstrom '68** family of Escanaba. Jim (center) was inducted into the NMU sports hall of fame on Saturday, November 11.

He passed away November 25 after a valiant battle with cancer. Jim was a four-year letter winner on the NMU football team from 1965-68; he was the team's most valuable player in 1968.

He will be long remembered for his tireless dedication to the sport.



What's New, NMU?

Here's what some of you are saying about our weekly electronic newsletter, "What's New, NMU?"

"Just wanted to let you know that we think the 'What's New, NMU?' newsletter is a great idea—lots of timely information."

—Erin Weber-Holloway '93 and Chris Holloway '95

"Thanks so much for the news from the 'Great White North!' I miss Marquette and think about it often."

—Jake Jurecki '87

"I love the columns and look forward to reading them every Monday. Keep up the good work. I love to hear about Marquette since I'm way down here in sunny Florida."

—Diane Storm '97



"I look forward to reading 'What's New, NMU?' each week. The addition of pictures is great! Keep up the great work. It's nice to still feel connected to NMU. Thanks."

—Bill Hawker '95

"Thanks for reminding me of NMU. I enjoy the pictures of the changes downtown and the updates on sports activities. Go 'Cats!"

—John Fleming '64

If you are not receiving "What's New, NMU?" and would like to, send your e-mail address to dhemmila@nmu.edu. You can also view the weekly column at www.nmu.edu/alumni.

Volunteers needed

The NMU Admissions office is looking for volunteers to assist with the following "Connect to NMU" programs. The programs provide information about NMU to prospective students and their parents.

There's no cost involved — only two hours of your time. You'll be providing a valuable service to high school students and their parents.

2001 Connect to NMU Programs

- January 25 Novi
- January 29 Appleton, Wis.
- January 30 Chicago
- January 31 Chicago
- February 1 Milwaukee
- February 5 Gaylord
- February 6 Saginaw
- February 7 Detroit area
- February 8 Sault Ste. Marie
- February 12 Houghton
- February 13 Ironwood
- February 14 Escanaba

Contact the Admissions office toll free at 800-682-9797 or by e-mail at admiss@nmu.edu to learn more about how you can make a difference.

Do you know where these folks are?

Thank you for helping us track down some of the people we've lost touch with. How about helping us find these folks?

- Robert M. Guard '52
- Dorothy R. Granskog '55
- Norman C. Grieninger '61
- William C. Gutzman '65
- Darla J. Guy '67
- Gradford C. Gutman '69
- Emma Gosting '72
- Margaret S. Moran '76
- Marlene J. White '76

Please let us know where they are. Call toll free 1-877-GRAD-NMU or e-mail the Alumni Association at alumni@nmu.edu.

Passionate

For the Pasty

By LESLIE CORY SHOEMAKER

I dearly luv a pasty

a 'ot 'n' leaky wun

Weth taties, mayt 'n' turmit

Purs'ly 'n' honyun

Un crus be made with su't

'N' shaped like 'alf a moon,

Weth crinkly h'edges, freshly baked

'E' always gone too soon!

(*Mining Journal*, March 25, 1971)

On March 20, 1913, in the Marquette Iron Range of Michigan's Upper Peninsula, deep within the bowels of the earth, where darkness is eternal and ore dust penetrates every pore of his body, a Cornish miner shines a lantern on his pocket watch to confirm what his stomach already knows. It is twelve noon. Time to break for lunch. He is too far underground to hear the noon whistle blow. He, unlike his coworkers above ground, will remain in darkness and eat his lunch by lamplight; probably still standing in the same spot he had been working when the clock struck twelve.

This miner, an immigrant from Cornwall, England — known in America as a "cousin Jack" — leans against a wheelbarrow of ore, takes from his pocket a square package wrapped in newspaper, and places it on the same shovel he uses to fill his wheelbarrow full of ore twelve hours a day, six days a week. He positions his lantern underneath the shovel to heat his lunch contained within the neatly wrapped newspaper. It isn't long before the familiar aroma of lean meat, starchy white potatoes, vegetables, and savory pastry rise from the shovel and reach his sooty nose.

In anticipation of the first mouthful, his stomach rumbles. The miner, like all other cousin Jacks will be eating a Cornish pasty for lunch.

The pasty is a portable, well-balanced meal in one package. Wrapped in pastry, its crimped edge makes a convenient handle, therefore requiring no utensils and little or no light in order to consume it — a perfect lunch for the miner in the bottom of a mine shaft. What a comfort and delight to sit down and unwrap your lunch and inhale the aroma of warm crust wrapped around meat and vegetables and savor the taste of a complete meal prepared by loving hands.

Deep ore mining was the work of Cornish miners who brought their skills, sledges, drills, and blasting powder from the mining pits of Cornwall, England, to the prospering shafts of Lake Superior where copper and iron deposits were discovered in Michigan's Upper Peninsula in the late 1840s. Their families brought a way of life that included the pasty, a delectable potato and meat turnover that the miner carried with him and ate with a flask of tea.

According to the Authentic Cornish Pasty Company's Web site, "to the Cornish Miners, the pasty represented an essential part of the daily diet." At lunchtime the miners would arrange for their pasties to be dropped down the mineshaft. Often their wives would make a complete meal of the pasty by structuring the pasty filling in layers so that the men ate the vegetable end first, then he would come across the meat, and finally he would get to a fruit such as apple, blackberries, or mango. According to Robert Hatcher of the Authentic Cornish Pasty Company, the classic Cornish pasty owes its shape to these miners. "The crimped side edge of the Cornish pasty was



THE PERFECT PASTY — Leslie Cory Shoemaker holds a perfectly formed, hot pasty — the inspiration behind her research.

Photograph by Kristi Evans.

not eaten but used as a handle for the miner to hold while eating the rest of the pasty."

The cousin Jack's wife — usually an excellent cook — was known as a "cousin Jenny." For her, pasty making was an ethnic art form passed on from one generation to the next. It still is to this day. The quality of the product did not depend on the written instructions

but rather on the skills and talent of the producer. Unlike visual art, creative derivations and innovations were not to be tolerated, and the criteria for the perfect pasty were standard among its judges. To date, the only derivation from my own Cornish great-grandmother's recipe has been to substitute the cholesterol-laden beef suet in the pastry recipe for vegetable shortening.

It is said that there are as many pasty recipes as there are individuals in the County of Cornwall, but my family has produced the same recipe for generations. The perfect blend of tender juicy steak and pork, layered with thinly sliced potatoes, rutabagas, (known as “Swedes” in England) and onions, seasoned with fresh parsley, salt, pepper, and a pat of butter, wrapped together in a savory pastry crust is a taste sensation like no other.

As the great-granddaughter of Cornish immigrants, pasties were a part of my ethnic heritage, and I have vivid memories of my Nana making

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pasties in her small kitchen. By this time my family was no longer involved in the mining industry, but when my grandfather, the son of the Captain of the Rolling Mills Mine in Marquette County, married my Nana, along with the exchange of marriage vows came the coveted family pasty recipe.

While pasties are not made in the household on a weekly basis anymore, when they are made, the whole family is told in advance, and no one is late for dinner. Pasty dinners are as much an event in modern Cornish American homes as the American Thanksgiving turkey dinner; however,

*Perhaps the original
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Cornish pasty is the
ultimate finger food as
it is so portable and
easy to eat.*

pasty dinners happen much more frequently than once a year!

Just mention the pasty in conversation with a U.P. native and a “pasty story” usually follows. No other food evokes such vivid memories, nostalgia, and intense debate as the Cornish pasty in the U.P. The pasty speaks to us of home, of grandmothers and mothers in the comfort of their warm kitchens, and of hard working fathers at the mine. It speaks to us of our youth and school lunches, of church bake sales, of picnics, of college days (when many people who came to U.P. universities first experienced them), and of something that was carried with you no matter how far you might stray from the U.P. or how many new foods you may have come to love.

Perhaps the original “fast food,” the Cornish pasty is the ultimate finger food as it is so portable and easy to eat. According to John Owen of the *Seattle Post-Intelligencer*, “You need only pronounce the words “Cornish pasty” and devotees around the world begin to sniff, salivate and generally behave as though they’ve been surviving on sunflower husks and vinegar water since the last millennium.”

In February 2000, I started soliciting “pasty memories.” I was overwhelmed with the response. I received 75 responses from all over the United States, including telephone calls, e-mails and personal letters. I even received a hand written letter from a 100-year-old Cornish woman living in

the U.P. who still makes her own pasties from a recipe her mother had received from a Cornish woman in 1905. Not everyone I heard from was of Cornish heritage; however, roughly 75 percent of my respondents were direct descendants of Cornish families.

Two common threads ran through all the memories. The Cornish pasty had deeply embedded itself to the very core of people’s life stories, and nobody had ever made pasties as tasty as their mothers had. No matter how far away from the Upper Peninsula people’s lives had taken them, they took the pasty with them in their hearts, memories, and taste buds. What follows are a few of the pasty memoirs taken from my research, some nostalgic, some humorous, some historical, but all in all — passionate for the pasty!

Khrist Kennedy, a flight engineer for the U.S. Air force, flies on the C-5 Galaxy, the free world’s largest airplane. During Operation Desert Storm, he cooked up one of his mother’s frozen pasties aboard the C-5 while flying 37,000 feet over the Red Sea on the way to Dhahran, Saudi Arabia.

“The wonderful aroma coming from the galley oven made all the rest of the crew envious of my lunch!” he said.

*Nobody had ever made
pasties as tasty as their
mothers had.*

Kathleen Olivier ’83 of Marquette wrote, “My favorite pasty memory is the time my mother was chatting with a group of women who were bragging about their pasty recipes. After listening to glorious exaggerations, she calmly mentioned that her pasties were so good, the

recipe had been requested from all over the world. Upon further inquisition, it was discovered that my uncle, who at the time was a chaplain in the Air Force and traveled all over the world, loved my mother's pasties and always gave the recipe to the air base's cook in fervent hopes the cook could duplicate them. Unfortunately, my uncle was fairly unorganized and managed to lose the recipe repeatedly, forcing him to re-request it whenever he got transferred to a new base."

Charles DeRidder wrote that he grew up with the pasty in Norway, Michigan, and cannot recall a time growing up when he couldn't find a pasty if he tried hard enough. While attending Michigan State University, he only found a few classmates who had ever heard of the pasty.

"After my military time and graduate work at Oregon State University, I took to making my own. Ha, the crust was my downfall! However, I had to introduce my bride (a native Oregonian) to pasties other than mine. On one of our earlier trips back to Northern Michigan I took to purchasing an ice cooler along with twelve pasties and put them in the trunk of the car and departed for Oregon. Yes, I eat them cold; however, my wife and daughter didn't think much of this idea. They wanted them warm — IDEA — I wrapped one in foil and placed it on the engine manifold for about 20 miles, and it came out tasting good. No gasoline and piping hot."

Diane Vasquez '74, an administrative associate at The University of Michigan in Ann Arbor, Michigan, wrote, "I grew up in Iron River, Michigan, with a mom in the house who was the best cook in the whole world — as evidenced by the fantastic pasties she'd make once a week. My brothers, sisters, and I were spoiled;



Pasties for Four: The Cory Recipe

<p>Pasty Crust 3 cups flour 1 t. salt 1 cup suet (chopped fine or ground) 1/4 cup Crisco 1 stick (1/4 cup) butter or margarine 1/4 cup cold water, as needed</p> <p>Pasty Filling 1 1/2 lbs. sirloin steak, cubed 3/4 lb. pork loin or pork steak, cubed 3 onions, chopped 1 rutabaga, peeled and sliced 5-6 potatoes, peeled and sliced butter, salt & pepper parsley, chopped</p>	<p>For Crust Roll suet into flour. Place in mixing bowl and add shortening. Mix as for pie crust. Add enough water to make right consistency. Divide into four portions and roll out for pasties.</p> <p>For Filling In layers, starting with potato, then rutabaga, onion and lastly meat (on top), fill pasty dough. Sprinkle with salt, pepper, butter, and parsley to taste. Fold dough over filling, crimp, and vent top of pasty with a knife. Place on baking sheet and bake at 375° for about one hour.</p>
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didn't children everywhere get pasties for supper?

"I had a rude awakening when I got married to a Marine Corps officer and left the U.P. Pasties were no longer part of my existence. We could only indulge our pasty-tooth when visiting the U.P. After Mom died, we were fortunate that Dad remarried another great pasty-maker, and we were often given a supply of frozen pasties to take us through until the next visit. But these had to be rationed carefully. Finally, in self-preservation, my sister began to make pasties, perfecting her attempts until I could finally say that they are just like Mom's."

The deeply rooted tradition of pasty making and eating in Michigan's Upper Peninsula runs like a strong current through most all the memories. Jeff Kleinsmidt tells the story of his grandmother's immigration from Cornwall, England, to the U.P.

"Pasties have always been a part of my family history. My grandmother immigrated to the U.S. from Cornwall, England, when she was eight years old. She remembers that her handicapped mother was on Ellis Island

trying to get in the country when the judge asked her where she was going and what skills she had to support herself. She said that she was going to Calumet, Michigan, and that she could bake pasties. The judge was very familiar with Calumet and agreed that she could make a living selling pasties there and let her in."

Mary Allwin Tuisku and Jeanne Allwin Lantto also wrote of their grandmother.

"Our grandma Prideaux, whose family came from Cornwall, was the best pasty maker in the world. She died when I was 8 and my sister was 6. One of our fondest memories was climbing the steps to her upstairs apartment and being greeted with the smell of fresh baked pasties. She would store the pasties in a cabinet, and the first thing we did was run to it and search for those pasties. We'd sit on the floor where she couldn't see us and eat the pasty as fast as we could before we got caught. As we grew older, we realized the pasties were placed there for us to find, and the whole thing was a type of game she

continued on page 28

My Favorite Teacher

By DAVID SEVICK '81, COLLEEN MAKI '81, VICKI STEIN '92, GERRY GOERLITZ '62, KATHLEEN FOSTER '92, GAYLE SULLIVAN '80, FRED FISHER '76, and SHERMAN KEMPP '84

In the last issue of *Horizons*, we asked you to write us about your favorite teacher during your years at NMU. Your response was tremendous. What seemed common to many of your responses is the strong connection of learning and friendship that developed between you and your professors. This is only a partial listing of your letters and e-mails. To read all of the responses, go to the Alumni Association's Web page at www.nmu.edu/alumni and click on the "My Favorite Teacher" link.



Richard "Mike" Gorski, Art and Design

My years at NMU gave me memories that will last a lifetime. Those memories include many great professors. But there was one who helped me chart a course in life, and for that I am forever grateful. His name is Richard Gorski although for some reason, which I never quite figured out, everyone calls him Mike.

Mike was not only the head professor of my major concentration, graphic design, he was also my adviser. He wasn't one of those popu-

lar professors — liked by all who met him. In fact, several students in his classes simply could not relate and, as a result, dropped his course.

He was tough, demanding, and rigid, but he was oddly comical at times. He told strange jokes and puns, so many of which he was the only one laughing at. But that made him all the more lovable. And I finally realized why he was so tough. He knew it was his job to "weed out" the students who, in his opinion,

didn't have what it would take to be successful in the field.

Oh, there were times when even I thought he was cruel. Now that I am part of the business he knew so well, I understand why he had to be the way he was. It's a cruel business. In the world of advertising and media communications, you have to deal with an almost inhumane level of pressure, deadlines, and a variety of personalities. The tough make it. He knew that. We didn't.

By the time I reached my junior year, those of us left in the program were the ones who had survived "the wrath of Gorski," as we sometimes called it. It was also that year that we discovered something wonderful about Mike. He was, in fact, human, and a very considerate one at that.

Once he saw us commit to our careers, he

opened up as a friend and counselor. For the next two years, Mike Gorski was our most valuable resource, and I for one tapped into it more than was my fair share.

The day before my graduation, I walked into his office to thank him for his wisdom and insight over the years. As I reached out to shake his hand, he threw his arms around me and gave me one of the most comforting bear hugs I had ever received. He looked me in the eyes and with the utmost confidence said, "You're going to make it, David. You really are."

He was right. I owe so much of my success to him. But Mike Gorski didn't just teach me how to succeed in the business, he taught me how to survive. For that, I am forever indebted to him.

—David Sevick '81
Lakewood, Colorado

Rolande Graves, Languages

I have to say that Rolande Graves, my French professor, was always my favorite professor. Mme. Graves inspired me to do my best in everything. She was always so enthusiastic in French class, I couldn't help but be interested in the language. She helped me to enroll in a French university as a graduate student. It changed my life forever.

I traveled throughout Europe and Africa. I ended up working in France and living there for three years. Upon returning to the United

States, I decided to obtain my teaching certificate in French. I had spent my years at NMU as an art major. I switched to secondary education/French. I have been teaching the language in lower Michigan for 12 years now.

She probably has no idea, but she was my role model. I use things she taught me in my classes. A big part of the reason why I'm here teaching French is her. Merci, Mme. Graves.

—Colleen Maki '81
Sandusky, Michigan



James Livingston, English

Jim Livingston wins my vote. For one, he was funny. I always thought he looked like one of the Whos down in Whoville. I used to melt when he read Chaucer in Middle English. I couldn't understand a word he said, but he certainly captivated the class with his style. He was informative, he was personable, and he

was compassionate.

He encouraged us to dig deeper, to question reality, and to write about it. Of all the instructors at NMU he was my favorite. I had him for four classes!

—Vicki Stein '82
Grand Rapids, Michigan



Dr. Edgar Harden, NMU president (1956-1967)
F.L. "Frosty" Ferzacca, Head Football Coach (1957-1965)
Jim Rapport, Theatre



I'd like to highlight three individuals who, while in school and since graduation, have made a difference.

First, there was President Edgar Harden, whose "right to try" initiative allowed me to come to NMU in 1958. He was a gracious and decent man who treated students with a great deal of respect, even during times when we may not have been deserving. To us students, he was not just the "Prez;" he was an educator, visionary, and friend. He believed a sound, competitive intercollegiate program was healthy for the university and the region it served.

Second would be my head football coach, F.L. "Frosty" Ferzacca. Dr. Harden recruited Frosty to build a football program of student athletes that would raise the visibility of then Northern Michigan College. With the support of Dr. Harden's "right to try" initiative and Frosty's basic trust in young people, he molded teams out of some "blue chippers," some castoffs of other programs, and some questionable players. Some didn't make it, but the majority did. Frosty's '61 team missed out on

being in the National Association of Intercollegiate Athletic Championship game by 5 yards. We played Lenoir Rhyne to a 20-20 tie, and the game was decided on total yardage.

Third is Dr. Jim Rapport, better known as "Daddy Bear" — another one of Dr. Harden's recruits. This "Buckeye" and lover of theatre came to have a look and never left. He did for the theatre what Frosty did for football. In his first few years, the athletes may have looked upon being in the theatre as less than macho, but Dr. Jim changed all that. He persuaded me to try out for the part of the bailiff in *The Night of January 16th*. After that questionable performance, he got me to try out for the role of Stewpot in *South Pacific*. That was the ice breaker between athletics and theater.

These pioneer leaders brought a vision of what could be to a small, remote college campus. One result is this proud Wildcat grad, who will forever be indebted to Dr. Ed, Frosty, and Daddy Bear — educators, motivators, and friends.

—Gerry Goerlitz '62
 Exton, Pennsylvania

Kurt Kynell, Criminal Justice

In my final year at NMU, I signed up for a class in my law enforcement major called Police Stress Analysis. The instructor was Dr. Kurt Kynell, and I had heard from a few of my fellow law enforcement classmates that he was pretty tough, so needless to say I was a little nervous.

As I walked into the classroom in Carey Hall that night, I saw my professor at the blackboard. Here stood this huge man with gray whiskers in casual clothing. I thought he looked more at home in the outdoors than lecturing in a classroom. But when he started to speak, I was dead wrong.

Dr. Kynell was the most intelligent, most interesting instructor I'd ever encountered. He

taught in such a way that even a 2 1/2 hour lecture didn't get tedious. He used an exercise in mock blindness to teach us about trust. He had the class do something outrageous in front of other people — I walked up campus with a bag on my head — to teach us about non-conformity. He showed us films and made us write essays. He was easy to confide in about schoolwork problems. He offered to write me a recommendation (and did) upon my graduation. He was, in short, the best professor on campus.

I hope this somehow finds its way to him so he knows how much he was appreciated.

—Kathleen Foster '92
 Alpena, Michigan

Mary Ellen Powers, Nursing

While I knew many outstanding professors at Northern, the one who made the most lasting impression on me was my mental health nursing professor, Mary Ellen Powers.

Everyone admired her strength and self-confidence. At the end of the semester, she taught me a lesson I have never forgotten. She asked each of us to grade ourselves and meet with her individually to go over our grades. After all of the hard work and hours I put into the class, I definitely thought I deserved an A.

However, either out of modesty or a desire to hear her sing my praises, I said I

deserved a B. Professor Powers then said that she thought I deserved an A but that I would know best, and she changed my grade to B! Seeing my reaction, she firmly said, "Gayle, always give yourself what you deserve. Don't underestimate yourself because if you don't have faith in yourself, no one will."

For the past twenty years, I have carried that message in my heart and used it as a lesson to my two sons. Thank you Dr. Powers, for helping me become self-confident and proud.

—Gayle A. Sullivan '80
Salem, Massachusetts



Fred Stenkamp, History

I had just returned to Northern in September 1973 after flunking out in January 1969 and spending the next four years in the U.S. Air Force and seeing a lot of Southeast Asia.

One of the classes I took the following spring '74 term was a humanities class covering the ancient Greeks. Dr. Fred Stenkamp of the History Department was the teacher, and in the first class he asked us to identify how we first came into contact with the various stories in Greek mythology. I put down the *Classic Comics* series that I had read as a young boy. Dr. Stenkamp mentioned it aloud in class, and several of my younger class-

mates giggled, but he dismissed them with a gruff disjuncter that the *Classic Comics* were indeed a valid source.

I took another class from him a year later, and he still was able to captivate the class as he related the discoveries of Heinrich Von Schliemann (the ancient city of Troy) as well as offering tacit, yet probing meanings behind the dialogue of the Greek playwrights.

I liked his classes because they made me think of ideas that I did not have before class that morning and every morning of the semester.

—Fred Fisher '76
San Antonio, Texas



Mokhlis "Mo" Zaki, Economics

As a newly declared economics major, I was struggling with many of the concepts of microeconomics. Dr. Mokhlis "Mo" Zaki used a unique blend of humor, personal experience, and thorough knowledge to bring the subject matter to life. Whether simple supply and demand examples drawn from his birthplace for sophomores, or complex equations drawn from his research for his graduate level students, the various theories Dr. Zaki taught came alive under his tutelage.

Dr. Zaki would often joke in his lectures, "okay now, pay very close attention, this is very, very interesting — besides it is on the test!" Dr. Zaki understood the demands on his

students and delivered his lectures at the pace he wrote the notes on the blackboard. Though many of his students have burned into their memories the back of Dr. Zaki's sports coat covered in chalk dust as he blazed across the blackboard, those lessons are burned in as well. Dr. Zaki's style of communication and mentoring, have played an important role in making my banking career successful.

Dr. Mo Zaki is one of those rare professors who one remembers fondly even years later. Dr. Zaki, thank you for all you have done for us.

—Sherman Kempp '84
(formerly Sherman Kemppainen)
Manitou Springs, Colorado



Choices and consequences

Northern's cross country and ski coach teaches focus

By CINDY PAAVOLA '84

For NMU cross country and ski coach **Sten Fjeldheim '86**, life is good, and he knows it.

He and his family — wife Pamela and children Ing, Kirsten, and Stig — are healthy and happy. He loves his job. He lives in a place he calls “one of the best on Earth.”

His women's cross country team recently qualified for the NCAA Championship for the first time in school history and finished eighth of 24 teams.

Three of his Nordic skiers — Caitlin Compton, Melissa Oram, and Aubrey Smith — qualified for the women's U.S. Junior World Championship Team that competed in Slovakia last winter where Smith had the best-ever finish of any American woman at the event, as well as Chris Cook, who qualified for the men's U.S. team.

Last spring, Fjeldheim's Nordic squads swept the NCAA Central Regional meet to allow full-team participation at the NCAA Championships, where Abby Larson was the highest-placing American in the NCAA women's Nordic event.

And in November, Fjeldheim was selected the Great Lakes Region Cross Country Coach of the Year for the first time in his 13-year career. In September, Fjeldheim was honored as the U.S. Ski Team's 2000 Developmental Coach of the Year, an award that crosses all ski disciplines at all developmental levels.

Fjeldheim, who first coached

NMU's ski team from 1986-94 then did a stint with the U.S. national and junior national programs from 1994-97 before returning to NMU in 1998, says he is honored to receive the recognition, but never set out to do so. Attaining such accolades is not on his list of priorities — and Fjeldheim's life and coaching philosophies are all about priorities.

“I tell my students and student-athletes all the time that life is about choices and consequences. Each choice brings a consequence, and how you react to consequences determines your journey. To achieve any goal you have to understand that,” said Fjeldheim.

“In my athletes' lives right now they have three major choices: school, skiing/running, and social activities. I tell them to make sure they pick the right two,” he said with a chuckle. “Some also squeeze in jobs, which makes the choices that much more difficult.”

When it comes to training, the



In September, Fjeldheim was inducted into the Upper Peninsula Sports Hall of Fame, which he said, “meant more to me than even the national award.”

NMU coach believes Nordic skiers are among the most concentrated, dedicated, and physically well-trained athletes in the world.

“Nordic skiing is the most complex sport to train and develop race strategy for; it requires year-round commitment,” said Fjeldheim. “To ski at the elite level, you must train every muscle of the body. Unlike most sports where there is dominant use of

an area of the body, Nordic skiing requires equal strength in both the upper and lower body and superior cardiovascular endurance."

To meet the challenge of ongoing intense training, all NMU women skiers are also members of the cross country team. This interdisciplinary training has allowed the skiers to focus on maintaining the highest fitness level while challenging the runners to heighten their training to keep up with the skiers on the cross country trails.

Fjeldheim, a member of the U.S. Ski Team from 1980-86, understands what it takes to ski at the international level, and he is confident that Northern will produce several U.S. Olympians in the near future, maybe as soon as the 2002 Salt Lake City Olympic Games.

"There is no doubt in my mind that we have on our roster today future Olympians," he said.

Fjeldheim is extremely proud that his ski roster consists of American athletes.

"I don't believe we need to find Norwegians or Swedes to be a successful program. We are doing it with Americans, and I'm proud of that," said Fjeldheim, a native of Haugesund, Norway, who came to the United States as a teenager in 1961 and received his U.S. citizenship in 1975. "The NMU program is making a huge impact on Nordic skiing in the United States and in the development of elite North American skiers."

That the impact is garnering notice pleases Fjeldheim.

"We have big plans for these two programs and we're ready to pay the consequences for choosing to set our goals high," said Fjeldheim before throwing his hands in the air and adding, "Life is good. Let it snow."

Born to run, born to ski

For most student-athletes, a chance to compete at any NCAA Championship is a feat to hang their careers on. But for NMU juniors Abby Larson and Aubrey Smith, making it to this year's NCAA II Women's Cross Country Championship — their second trip to an NCAA Championship in eight months — is an added bonus to a pair of storied careers in skiing.



Abby Larson



Aubrey Smith

Larson and Smith are two-sport athletes at NMU, participating for both the nationally-ranked Wildcat cross country running and Nordic skiing programs.

Last March, the duo found themselves in Soldier Hollow, Utah, as two of the three women competing for NMU at the 2000 NCAA Skiing Championship. Now the two have participated in a national meet again, running as part of a seven-member squad that represented NMU for the first time in school history at the NCAA II Women's Cross Country Championship on Nov. 18.

Larson and Smith came to Northern to ski, and while training for the sport they love, they've achieved national success in two sports — something most athletes dream of.

Larson walked on to the Wildcat ski team in the fall of 1997. After red-shirting her first year, she has developed into one of NMU's top female skiers, making three trips to the NCAA Skiing Championships. She has earned All-America honors in both classical and freestyle racing in each of the last two seasons, and earned a spot on the U.S. National Team at the 1999 Junior World Championships.

Last season, Larson was the highest-placing American in the NCAA women's Nordic events, finishing 10th in the five-kilometer freestyle and fifth in the 15-kilometer classical races. She has placed among the top 10 in each of her last four races at the NCAA meet.

Smith exploded onto the collegiate ski scene last year and made national headlines, recording the highest finish ever by an American at the Junior World Championships in Slovakia, placing 13th in the five-kilometer freestyle. That accomplishment, coupled with three seventh-place finishes at the U.S. Cross Country Championships, earned her a spot on the U.S. Ski Team's Development Program.

One of three Wildcats to see action in every harrier meet this season, Smith, like Larson, scored in every meet she ran. Six of Smith's seven finishes were in the top 20, including a 19th-place showing at the NCAA II Great Lakes Regional.

Smith finished 36th and Larson finished 81st out of 177 runners at the NCAA II National Championships. NMU finished eighth out of 24 teams with 194 points. NMU freshman Caitlin Compton earned All-American honors for the second straight year as the top finishing Wildcat. She finished 16th with a time of 22.21.2.

For love of art and music

Former NMU president John X. Jamrich increases campaign gift

Life would be less without art and music, according to former Northern Michigan University president John X. Jamrich.

"Music and art are really the essential, decorative elements of life. They ease the tension of daily, routine demands. Without music and art to contribute to the stability of our psyches, we become routine-automated beings," said NMU's top administrator from 1968 to 1983.

Jamrich and his wife June of Venice, Fla., have decided to increase their gift to *This Decisive Season: The Campaign for Northern Michigan University* by endowing their annual music scholarship.

In 1970, the couple had established a fund directed at piano students. The gift was re-designated in 1986 into the Jamrich Art Endowment Fund, which has supported several art exhibits at the NMU Art Museum over the years and today has grown to about \$60,000. Some of the exhibits the endowment has funded include Artists of Michigan, Art of Haiti, Peter Maqua — Native American Artist, Remington's Early Years, and the 1998 NMU Alumni Art & Design Exhibit.

As a gift to *This Decisive Season*, the Jamrichs established the John X. and June A. Jamrich Music Scholarship, in 1998. Now, they have chosen to increase their gift by supporting the annual scholarship until its principal has reached a \$20,000 endowed status in 2001.

The award is available to NMU freshmen music majors studying piano, violin or clarinet.

The couple's gift reflects not only

their love of music, but also their belief in Northern's music program's ability to produce outstanding musicians and music teachers.

"Over the years, the NMU Music Department has been one of the university's most vigorous, performance-oriented units with groups like the Fantastics, musical/operatic performances, and now the very successful musicals with NMU faculty as composers and directors that have garnered national visibility."

The idea of providing scholarship assistance to music students is especially appealing to Jamrich because, to this day, he clearly remembers the costs of his own music lessons and college education.

"I began my music training in elementary school. This was in the days of the Depression. Lessons were 25 cents," he said. "By the time I started high school, I was playing the piano, violin, and clarinet. I even took lessons in orchestral conducting, actually appearing as guest conductor of the city municipal band at age 17. In addition to this, mathematics was a favorite subject. From this emerged the goal of becoming a music/math teacher at the high school level. This was in 1939."

"As things turned out, I made reasonably good progress on the piano. As valedictorian [of my high school class], I received a full tuition scholarship to Milwaukee State Teachers College — valued at \$37.50!"

Jamrich said he decided to pursue being a concert pianist during his freshman year and studied the piano with John Caree of Chicago and Howard Stein of Milwaukee.



John X. Jamrich

"That concentrated effort of practicing six hours per day lasted for almost two years but came to an end when I volunteered for the Air Force program in meteorology at the University of Chicago," Jamrich said.

"In the ensuing years after the war, I did not pursue the piano but decided to take advantage of the GI Bill to get my degrees. And that is the route that took me to college teaching and university administration."

Despite the new career direction, music remained an important part of the Jamrichs' lives.

"Music was an integral part of our lives, more as listeners than performers. Classical music was part of the daily menu while our children were growing up," said Jamrich.

Today the couple enjoys performing for retirement and nursing homes near their home.

The Jamrich Scholarship is one of 13 current or retired NMU faculty-staff gifts made to the campaign worth \$10,000 or more. The goal of *This Decisive Season* is to raise \$30 million in private giving to the university of which more than \$26 million in gifts have been pledged to date.

Leading by example

Associate VP makes \$10,000 gift to student program

The great American educator Father Theodore Hesburgh, former president of the University of Notre Dame (1952-87) and consultant to every U.S. president since Eisenhower, once said, "It is easier to exemplify values than teach them."

Northern administrator Paul Duby may not be familiar with all of Hesburgh's writings, but the \$10,000 gift from he and his wife Betty to *This Decisive Season: The Campaign for Northern Michigan University* can certainly back that particular teaching. The couple has designated their gift to benefit NMU's Student Leader

Fellowship Program.

Duby is Northern's associate vice president for planning and analytical studies. He came to NMU in 1984. His wife is employed by Book World of Marquette.

According to Duby, a lot of college campuses talk about developing tomorrow's leaders, but not many actually establish programs showing students how to develop leadership skills.

"The fact that Northern not only has the very successful Student Leader Fellowship Program, but that it will be celebrating its 10th anniversary is an excellent example of NMU's

continued on page 28

Dedicated to education

Scholarship to honor NMU educator

James D. Hendricks, director of the School of Education and associate dean of the College of Professional Studies, retired Dec. 31. A celebration honoring him for 33 years of service to NMU was held last month in the University Center.

A scholarship fund has been established at NMU in honor of Hendricks and his late wife, Sandra, an active community volunteer who died in 1998.

Hendricks came to Northern in 1965. He left briefly to help Portland State University in Oregon develop a doctoral program in education, then returned to NMU in 1969.

He was interim chair for the former department of home economics. He also initiated the setup of the following conferences: Young Authors, U.P. Reading, Early Childhood,

Special Education and "The Teaching Challenge: Preparation and Community Support."

At his retirement celebration, Hendricks was also honored for his civic involvement. He is affiliated with Marquette Rotary, the Peter White Public Library, the Community Concert Association, and St. Paul's Episcopal Church. He chaired the Gwinn Area Public Schools and University Partnership for school downsizing related to the closure of K.I. Sawyer AFB. He also served on the Superior Central Schools and University Professional Development School Partnership.

Further information on how to endow a scholarship and about NMU's scholarship program is available at www.nmu.edu/development or by calling 906-227-2627.

CAMPAIGN UPDATE

This Decisive Season: The Campaign for Northern Michigan University

Student success and access

Goal: \$12 million
Endowed scholarships, the Annual Fund, programs for innovative teaching and learning, and technology advancements.



Received \$9.8 million toward goal ... \$2.2 million to go.

Improving campus facilities

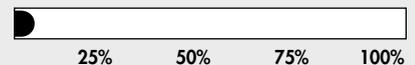
Goal: \$8 million
Glenn T. Seaborg Science Complex, Berry Events Center, Izzo-Mariucci Academic Center, Reynolds Concert Hall and other on-campus facilities projects.



Received \$4.6 million toward goal ... \$3.4 million to go.

Investing in the people of NMU

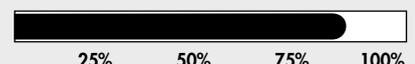
Goal: \$6 million
Endowed professorships and faculty chairs, funds for faculty and staff leadership and development opportunities.



Received \$221,845 toward goal ... \$5.6 million to go.

Outreach and partnerships

Goal: \$4 million
Public radio and television, economic development and educational outreach programs.



Received \$3.4 million toward goal ... \$600,000 to go.

Other gifts received

(no goal set)
Unrestricted funds, pending designation, planned gifts and gifts-in-kind. Received \$8.2 million.

Keeping Track

Have you published a book or released a CD lately? If so, send us a brief synopsis along with the book cover or CD jacket, and we'll print it in Horizons. Do you have some other exciting news? Let us know, and we'll print it in Horizons. "Keeping Track" is generated by your submissions and is open to all NMU alumni. Send your "Keeping Track" submissions to the Alumni Association, Northern Michigan University, 1401 Presque Isle Avenue, Marquette, MI 49855; e-mail to horizons@nmu.edu, or send via NMU's Web page www.nmu.edu/alumni.

Pre-1960s

Melvin Holli '57 of River Forest, Ill., co-directed a conference at the University of Illinois at Chicago titled, "The Modern Presidency: FDR to Clinton." He moderated a panel discussion on presidential character and morality at the conference. He also led a session titled, "Results of Presidential Ranking Poll."

60s

Joyce (Tenhunen) Kirkwood '60 taught for ten years in various schools districts and was actively involved in the gifted and talented program in the Lansing and MSU areas. Her husband **Phil Kirkwood '66** retired from the Michigan Department of Agriculture as manager of food services sanitation. He is a food service consultant for a cruise liner and is owner of Kirkwood and Associates in Lansing and Lake Worth, Fla.

Belva (Erickson) Olson '64 of Daggett taught school for 30 years in the Stephenson area schools. She is a widow with three grown children and has lots of hobbies.

Georgia Grile '67 of Ann Arbor is listed in *Who's Who Among America's Teachers, 2000*. She is an elementary school teacher in Milan.

David Williams II '69, '70 MA of Nashville, Tenn., was appointed vice-chancellor, general counsel, and secretary to Vanderbilt University, as well as professor of law. He is the first African American senior administrator at Vanderbilt.

70s

Stuart Boland '71 of Calgary, Canada, says that he keeps busy at his job providing human resources services to employees across Canada. In his leisure time he enjoys golf, hiking, and mountain biking in nearby Banff National Park, and in the winter he enjoys downhill skiing. He is manager of human resources at McDermott.

Joseph Gavlas '71 of Portland, Ore., is accounting manager with Great Western Chemical Co. joe_gavlas@hotmail.com

Alan Harju '72 of Buffalo Grove, Ill., has retired after 25 years combined service in the corporate headquarters of Allstate Insurance Company in Northbrook, Ill., and Morgan Stanley Dean Witter, Discover Card in Riverwoods, Ill. alharju@mediaone.net

David Mattson '72 of Cape Coral, Fla., retired from *The Wall Street Journal*.

Laurence Trepany '72 of Clearwater, Fla., is an operations supervisor at the Pinellas County Water Treatment Plant. ltrepany@peoplepc.com

Richard Gose '73 of Duluth, Minn., has been elected to the board of directors of the Mesaba Park Association in Hibbing, Minn.

JoAnn (Bennie) Huber '73 of Tulsa, Okla., is a founding director of an outpatient mental health clinic family resource group. She gives speeches and retreats about mental health issues and spirituality. Joannhuber@juno.com

Anna Taylor '73 of Wright-Patterson AFB, Ohio, was assigned as the deputy

commander of the Air Force ROTC northwest region providing oversight to Air Force ROTC programs at 37 universities in the Northeast United States.

Dave Roberts '74 of Negaunee was selected by the Michigan Association of County Clerks as the Michigan County Clerk of the Year. He has been Marquette County Clerk since 1985.

Wendy Rose '74 of Midland is currently active as worship leader in a local Episcopal Church. She says that she is putting to use the wonderful training she received from Dr. Margaret Haynes, a faculty member in the vocal program in the early 1970s.

Susan (Strong) Youngberg '75, '80 MA of Iron Mountain teaches business education and computer classes for Breitung Township Schools. She also is a part-time instructor for Bay de Noc Community College. Her husband is **Michael Youngberg '73**.

Chet Jessick '75, '78 MA of Petoskey was listed in *Who's Who Among American's Teachers 2000*. He is a professor at North Central Michigan College.

Kim Van Osdol '75 of Menominee is president of community banking with Wells Fargo Bank Michigan. According to Kim, three out of the seven Michigan Wells Fargo presidents are NMU graduates. His wife is **Lauri (Lundquist) Van Osdol '74**. vanfamily@cybrzn.com

Frederick Fisher '76, '79 MA of San Antonio, Texas, recently completed two years as the training advisor to the Kuwait Ministry of Defense. He is now working as chief inspector on the Air Education and Training Command of the Inspector General's Team.

Mark Lovell '77 of Pittsburg, Pa., is the director of the concussion evaluation programs for the NHL and NFL. He also works with a number of universities and high schools. He is a neuropsychologist.

Roy Yelland '78 of Merritt Island, Fla., is fleet management supervisor for the

City of Cocoa Beach.

Sandra Kammer '79 of Port Huron is an assistant divisional director of Adult and Family Services at St. Clair County Community Mental Health.

80s

Russ Jokinen '80 of Brunswick, Ga., completed the customs basic enforcement school for new criminal investigators who are employed by the U.S. Customs Service. As an attorney for the Customs Service, Russ participated in the course to develop a better understanding of the agency's multifaceted law enforcement mission to prepare him for his teaching duties at the U.S. Customs Service Academy at Glynco, Ga.
yooper@iname.com

Sheila (Greig) Balog '81, '82 MA of Austin, Texas, is a graduate career specialist at the University of Texas at Austin, McCombs School of Business. Her husband **Bill Balog '83** is a senior staffing manager at Dell Computer Corporation in Round Rock, Texas.
wbalog@aol.com

Ron Caviani Jr. '81 of Huntington, W. Va., is the orchestra director in Cabell-Midland High School and has three middle-school string programs. He is the founder, director, and conductor for the Tri-State Youth Orchestra and is the vice president of Artists Resources for the Tri-State (ARTS) a non-profit organization that brings together non-profit performing and fine arts groups in the area. He also is the director of curriculum.

Kent Eckstrom '81 of Fairport, N.Y., completed a master of science in human resources development at the Rochester Institute of Technology. He is the director of human resources for Bausch and Lomb.

Karen (Apple) Gabrielsen '82 of New Berlin, Wis., is the owner of Victory Lady Fitness Centers of Wisconsin.

David Meinert '82, '84 of Springfield, Mo., was promoted to full professor and



“Guess what! While golfing at my local golf course in Charleston, South Carolina, I ran into a Randy Clark who attended NMU during the early 1970's. I spotted him because his son was wearing an NMU t-shirt. Randy was on the NMU basketball team prior to transferring to the College of Charleston. His wife is from Marquette and graduated from NMU in 1972. This is my first sighting of a NMU grad in Charleston since moving here in 1988!”

JAKE JURECKI '87

Have you spied a fellow NMU alum lately? Let us know. We'd love to tell others about it.

You just never know where those NMU t-shirts are going to show up.

received a University Teaching Award at Southwest Missouri State University. He also serves as the Director of the MS CIS program that was recently ranked 8th in the nation by *Computerworld*.

Mike Flanigan '83 of Aylett, Va., is director of E-Solutions with UPSHOT Marketing in Richmond, Va.
mflanigan@upshotmail.com

Michael Gaffney '83 of Hudson, Ohio, is a drive systems commissioning manager for Reliance Electric/Rockwell Automation, where he has worked for 16 years. He is married and has five children.

James Jamison '83 of South Lyon is regional manager of Neodyme Technologies.

Marilee Fogeltanz '84 of Green Bay, Wis., has been promoted to senior art director at The Goltz Seering Agency.

Linda (Potter) Rosenkranz '84 of Nashville, Tenn., co-presented an all day workshop titled, "Total Risk Management for Climbing Walls," at the National Intramural Recreational Sports Association National Conference. He is the assistant director of campus recreation at Vanderbilt University.

Colleen (Bitner) Sullivan '85, '94 MA of Durham, N.C., is a training and development consultant at FMI Corporation. She is a doctoral candidate in adult education at North Carolina State University. csulliva@ntrnet.net

Barbara (Beck) Updike '85, '94 MA of Portage is assistant vice president for human resources at Western Michigan University. She worked in the NMU Personnel department from 1986-93.
barbara.updike@wmich.edu

Susan (Phare) Boback '86, '95 of Ishpeming is an administrative secretary at the U.S. National Ski Hall of Fame and Museum where she assists with shop decor and museum displays. She also works on their Web page and helps with grant writing.

Michael Henderson '86 of Traverse City illustrated *Jungle Journey*, a children's book teaching children about grief. He is a Web developer at Big Net.

Lisa (Harry) Sanders '86 of Inver Grove Heights, Minn., is the retail manager in the Nutrition Services Department at United Children's Hospital in downtown St. Paul.

There's no place like home

DONNA BECKER '87

I "I'll never forget my very first lecture." So began **Donna (Maki) Becker '87**, as she reflected on the start of her career as a professor at her alma mater, Northern Michigan University. "There I was, standing in West Science," she recalled, "in the same place Dr. Fowler stood all those times. Except this time, I wasn't sitting there listening; I was giving the lecture. I remember standing there thinking 'This is so weird.' It was almost surreal."

A Marquette native, Donna's post-graduate work took her first to Michigan State University, then to Michigan Technological University, where she earned her doctorate. Later she moved to the University of Minnesota, where she spent time as a research associate in plant pathology. After all that, why return to her alma mater?

"To be honest, we had never really considered it at first," she said. "Jobs in my field are very hard to come by. Then, in the summer of 1998, I saw the biology department was advertising for an assistant professor and I applied. My husband and I were very excited when they offered me the position."

"We liked St. Paul, but we wanted a more moderate sized city. A lot of people grow up here and can't wait to get out. I was never like that. And my family has so much loyalty to Northern; I can't help but be proud to be back."

Along with husband **Howard Becker '87**, eight members of Donna's immediate family earned degrees at Northern Michigan University.

"I feel a strong attachment to Northern," she said. "Aside from the family aspect of it, the faculty at this school shaped me. They helped me realize who I was and what I wanted to do."

Like many alumni, Donna can directly point to certain professors who were instrumental in her career, although she readily admits, at the time, she did not realize it.



Donna Becker explains culture features to her students.
Photo by Kim Marsh.

"Dr. Frank Verley made a huge difference in my life," she explained. "He caught me very early on in my studies in organic chemistry. I was struggling and he could tell. There is such a big difference between high school and college. No one had taken the time to show me how to study. He took that extra time. He made a lasting impact on my life."

Becker shares that story with her students as she helps them with their study habits.

"I tell them, 'You may not believe me now, but I am proof

that good study habits pay off.'"

She also points to several key interactions with Dr. Ron Parejko and Dr. Warren Vande Berg for setting her on the research path. "I saw their passion and enthusiasm for this field and it just ignited mine," she said. "I knew I wanted to be as excited about my work as they were about theirs. Once I was involved in the research end of this field, I just fell in love with it."

Becker hopes she can have a similar impact on the lives of her students.

"I know these students are not going to remember every single thing I say. My biggest goal is to get them excited about science. Let them see how exciting and stimulating this field can be and give them opportunities in research that will make them more marketable in the future. That's what my Northern professors did for me."

Many of those professors are now her colleagues. That was a little strange initially.

"I have to admit, it was a little odd at first," she acknowledged. "My first year was an adjustment. But now, it's fun to be back here. I have found it very rewarding working alongside the faculty who taught me. They treat me as a peer and know I am completely qualified. And I'm very fortunate to be working with such wonderful people."

—Deanna Hemmila '88

Sharon (Rice) Pearson '87 of Lindwood, Minn., just relocated to a suburb of St. Paul and is a registered nurse at Health East, St. John's Hospital. She is married and has a son.

Gretchen (Anderson) Zigman '89 of Maple Grove, Minn., is an on-line training supervisor with Wells Fargo in Minneapolis.

90s

Walt Lindala '90 of Marquette has been named Network News Director for Great Lakes Radio, Inc, a four-station network based in Marquette. The network currently owns and operates WKQS-FM, WFXD-FM, WHCH-FM and WQXO-AM. His wife is **April (Kelly) Lindala '97**. news@greatlakesradio.org

“ I can honestly say that I love my job. ”

DARYL RADLEY '96

Terry Klavitter '92 of Waterford is a residential care specialist supervisor in the adolescent sex offender unit of Havenwyck Hospital Auburn Hills. His wife **Tracy (Boylan) Klavitter '95** is an office administrator at JAE Electronics, Inc., automotive division in Livonia.

Brent Olson '92 of Ann Arbor is a corporate auditor for General Motors Corporation in Detroit. He is based out of GM's corporate headquarters at the Renaissance Center, and his job involves worldwide travel. He also is taking flying lessons and anticipates having a private pilot's license in the winter of 2001. b.olson@excite.com

John Zubiena '92, '94 of Milwaukee, Wis., is the director of human resources for the Medical College of Wisconsin in Milwaukee. jzub@execpc.com

Gregory Hayes '93 of Chicago, Ill., is a corporate attorney with Piper, Marbury, Rudnick, and Wolfe. gregory.hayes@piperrudnick.com

Jodanne (Woodbeck) Hedrick '93 of Chesterfield was recently elected chief resident of obstetrics and gynecology at Mt. Clemens General Hospital.

Vicki (Vietzke) Logan '94 of Lindstrom, Minn., released an instrumental CD of original music written and performed by herself titled, *Chasing Dreams*. Vicki owns her own graphics company. vicki@vickilogan.com; Web site: www.vickilogan.com.

Bill Mays '94 of Sofia, Bulgaria, writes business and financial plans for private companies and privatization deals in Bulgaria and Croatia. bulginvest@hotmail.com

Malissa Vegas '94 of Ludington was nominated for volunteer of the year.

Andrew Brawner '95, '98 MA of Pulaski, Wis., is a copywriter at The Goltz Seering Agency.

Heather (Newburg) Ferguson '95 of Sault Ste. Marie, Ontario, is the learning center director and coordinator of university studies at Lake Superior State University.

Jon Gordon '95 of Orange Park, Fla., graduated from law school. He is the head cross country coach at St. John's, and in his first season posted a 33-3 record and won the district championship for only the second time in the school's history. JonGordon9@aol.com

Tom Isaacson '96 of Bothell, Wash., is a senior account manager at Rolling Thunder Marketing, a high-tech public relations agency near Seattle. tomi@rolling-thunder.com

Daryl Radley '96 of Bossier City, La., is a district sales representative for Nalco Chemical Company. He works in the Pulp and Paper Division.

Gregory Wood '96 of Pittsburg, Pa., is a first year doctoral student at the University of Pittsburgh.

Patrick Crowley '97 of Muskegon graduated from the University of Dayton School of Law and accepted a position as an assistant prosecutor in Muskegon County. He is the proud father of a daughter, Kiera Delaney Crowley. His wife is **Sacha (Conklin) Crowley '97**.

Kari (Ross) Marcotte '97, '99 MA of Fort Wayne, Ind., presented "Critiquing Career Services Websites" at the Career Development Professionals of Indiana conference in Syracuse, Ind. She co-presented "Critiquing Web-Based Career Services Resources," at the Midwest Association of Colleges and Employers conference in Cincinnati, Ohio. She is the coordinator of employment services, academic counseling, and career services. Her husband is **Paul White '92, '95 MA**. marcotk@ipfw.edu

Peggy (Toellner) Stickney '97 of Milwaukee, Wis., is currently in her third year of Medical School at the Medical College of Wisconsin in Milwaukee. pstickne@mcw.edu

Kelly Wagner '98 of St. Paul, Minn., is a third year student at Hamline University School of Law in St. Paul. kelw@uswest.net

Karen Cashman '99 of Quincy, Mass., is a French teacher in western Massachusetts and is a track coach to junior high students. She writes that she enjoyed her Olympic training at NMU.

Bruce Herr, Jr. '99 of Newport received a promotion from the surgical post-op floor to the ICU as a registered nurse at Mercy Memorial Hospital.

Jennifer Hurst '99 of White Lake is doing a year of national service with AmeriCorps NCCC. She is stationed at the Central Region Campus in Denver, Colo. Jenniferhurst76@hotmail.com

Kathleen Johnson '99 of Ishpeming has worked more than 22 years at NMU,

'Mean Jean' the ski queen

JEANNIE THOREN '68

Jeannie Thoren '68 discovered the "missing link" in the evolution of women's downhill skiing. The Marquette native and Alpine enthusiast was on the 1964 Junior National team, placed second in her class in the Birkebeiner ("thirty pounds ago"), and won the Pin Binding Downhill three years in a row in Sun Valley. Despite her success on the slopes, Thoren hit a plateau and knew something was wrong.

"I wanted to ski even better, but no matter how hard I tried or trained, I just couldn't pull it off," she said. "Then it occurred to me that the problem might be with the equipment. Men and women are built differently, yet they were using the same gear designed for the male body. You can't change anatomy, so it seemed logical to change the apparatus."

So Thoren began experimenting. She drilled different holes in her skis and put heel lifts in her boots. In customizing her own equipment, she realized other women were no doubt experiencing similar problems. She set out on a mission that took her to the mountains.

Thoren has spent the last 30 years researching the way women ski. She is a pioneer and crusader who revolutionized an entire industry with her Thoren Theory — the belief that equipment modification can help women skiers radically improve their technique.

"This isn't a feminist issue; it's purely anatomical," she said. "The principles make sense, and they've been applied to other sports. The women's basketball is smaller, and the seat is wider in women's cycling."

Thoren designed the first woman's ski in 1986 in Austria. European manufacturers — initially offended by her ideas — have come around now that marketing targeted toward female athletes is more common. She works with most of the major ski companies to promote the benefits of modified equipment.

"If I weren't a native Yooper, I probably wouldn't have



Jeannie Thoren Photo by Tim Hancock, *Ski* magazine.

put up with everything I did," she said. "I didn't let people tell me I was wrong when I came across something that didn't make sense. I somehow found myself trying to revolutionize the thinking of an entire industry."

A biology and chemistry major at Northern from 1964-68, Thoren originally planned to be a doctor. After graduation, she and a friend left for Switzerland for one year to "get skiing out of our blood." Thoren ended up spending four years in the country; her friend stayed six.

"I never made it to med school, but I use my Northern education every day, trying to figure out what other people's problems are and

helping them make adjustments," she said. "This whole thing started at home on Marquette Mountain and developed because of my education, my love of skiing, and my desire to stick with something."

Away from her Duluth, Minn., home nine months out of the year, Thoren travels the country with a 28-foot trailer in tow. It is filled with 100 pairs of skis and 80 pairs of boots. She holds clinics at ski areas to teach women how to diagnose and correct equipment problems for optimum control and performance. She is also a veteran ski and boot tester for two industry magazines.

Her efforts have been recognized. Thoren recently was named one of the top 100 most influential skiers of the century and one of the top 25 most influential people in skiing in the last 50 years by *Ski* and *Skiing* magazines, respectively. She was also the first inductee in the women's ski hall of fame established by *Skiing for Women* magazine.

It's a good thing Thoren never quite managed to get skiing out of her blood. Her life has been all downhill ever since she turned her favorite pastime into a 30-year passion; and she wouldn't have it any other way.

For more information on the Thoren Theory, visit www.jeanniethoren.com

—Kristi Evans

Passionate for the Pasty, continued from page 13
played with us. To this day we have not tasted a pasty as good as hers!"

Sue Hewitt '69, '72 MA, '86 MA recalls her days of eating pasties in the car when she was a college student at Northern Michigan University.

"A group of us students used to carpool home on the weekends. Our journey lead us through Chatham, Michigan. It was usually around supertime, and we were usually hungry and always rather poor. Our favorite place to stop on cold winter Fridays was a gas station store for the purpose of picking up pasties. On many occasions, there would be no clerk present to sell the pasties. There was a warming box in the entry filled with fresh, warm pasties. The aroma was wonderful. You could pick out your own and put what you owed in a tin box. I believe the price of each was \$2.00, maybe less. I thank the cook for providing us with a satisfying home-like meal that could be eaten in the car."

Family tradition, days of youth, college days, and journeys beyond the Upper Peninsula are not the only places people's memories of the pasty have taken them. They also include the time-honored tales of love and marriage. **Joe Holman '78** of Marquette recalls his parent's courtship.

"My parents started dating in 1929 when my mom was 14. The first dish my mom ever made for my father was a pasty as it was the favorite meal my grandmother, who came from Cornwall, made. My mom proudly sat the pasty down in front of my dad; my dad said it looked like a crumpled boxcar. She cried. He ate the whole thing. I'm not sure she ever forgave him, but they were married for 51 years."

Gail Anthony of Marquette wrote about her "romance" with the pasty. "My husband's first career was as a

pasty maker in the Copper Country. He left for work every day for almost 10 years at 2:30 a.m. so the pasties would be ready for the noon rush. He also proposed to me 21 years ago after an intimate dinner of (you guessed it) pasties!"

It is evident that the Cornish pasty holds a very special place in the hearts and memories of the people who love them. Whether or not they are of Cornish descent, the people of the Upper Peninsula of Michigan have claimed the Cornish Pasty as "the number one U.P. food." There are many people whose lives take them far away from the U.P., but they never forget what the pasty means to them, their lives and their families, and they either search for a reasonable facsimile when not available, try to make their own if possible, or they just wait until they visit the U.P. again — and head straight for the nearest pasty shop!

It seems only fitting to conclude with the following poem that expresses our passion for the pasty. It was written by Henry Rogers, who came from Cornwall, England, to work as a Methodist pastor in the U.P. in 1896. His only living descendent, Mrs. Marilyn Frank, of Ironwood, Michigan, sent this poem to me.

How dear to my lip
is a hot Cornish pasty,
When fondly my missus
presents it to view;
It makes my mouth water
to see it there steaming,
The most delicious
that I ever knew.
The twist on its edges,
the hole in the middle,
The sight of it gives me
an appetite keen;
Someday they may find out
a meal that is better,
But up to this time it has
never been seen.
A good Cornish pasty,

a hot Cornish pasty,
A big Cornish pasty,
its praises I'll tell...

Leslie Cory Shoemaker is an instructor of culinary arts for the College of Technology and Applied Sciences at NMU.

*Leading by example, continued
from page 21*

commitment to student leadership opportunities," said Duby.

The Dubys didn't want to just talk about how great they thought the SLFP was, they wanted to put their support in action.

"The student leader program has an impact on the students now while they attend NMU and throughout their lives," Duby said. "Betty and I are excited that we can play a small role in the future success of SLFP."

The SLFP, which began in 1981, is designed to develop competent, ethical and community-centered leaders. Over a two-year period, students participate in six component areas focusing on self-development and community involvement. The program has 339 graduates who have donated nearly 38,000 hours of community service.

Last year, Northern's SLFP program received national citation in the *Templeton Guide: Colleges that Encourage Character Development* and the recently published book *Powerful Programming for Student Learning: Approaches That Make a Difference*.

The campus portion of Northern's first-ever comprehensive campaign publicly kicked off on Oct. 12. The Duby gift is among 13 campus campaign gifts of \$10,000 or more.

The elements of success

A conversation with Mike Geary

By KRISTI EVANS

In his 13th season as head coach of the Wildcat women's basketball team, Mike Geary has never had a losing season. He is one of the most successful coaches in Division II women's basketball, and the most successful coach in NMU women's basketball history. How does he keep his competitive edge?

Northern has lost some high-impact players to graduation over the last several years, yet you never seem to have a rebuilding year. You simply reload and set off on another season of 20-plus wins. Is this year's squad capable of continuing that pace?

MG: I think we're capable. It is an

interesting challenge every year. We have been fortunate because we've had people step up when it counts. These are players who don't get the minutes when the veteran players are out there performing. They wait for their chance and work every day so that when their opportunity arises, they are ready. I think that's the case with this year's team.

You are one of the most successful active coaches in Division II women's basketball, with a career winning percentage of .785, more than 300 career victories, and multiple tournament appearances. Is the national Division II crown the only thing missing?

MG: We certainly would love to win it, but I think what I'm more after is consistency; to be a team that is in there every year. I think that those are the teams that end up winning championships. We see some teams that are in the tournament for the first time and the players are talking about "just being happy to be here." We don't want our players to be happy just to be there. We want our players to go in and perform, to compete and move on.

How has the game changed in your tenure as head coach, in terms of the skill level and the style of play?

MG: I think that the major change is in the athletic ability of the players — there is much more quickness. There was quickness when I first got started in the women's game, but usually in the point guard position. Now there are quicker post people. Three-point shooting has also improved and has become much more of a weapon.

With your success, you've no doubt fielded offers to accept coaching assignments elsewhere — perhaps at the Division I level. Do you plan to move onward and upward some day, or are you content with riding out your career at Northern?

MG: I'm a day-to-day person. As long as I have a team to coach, that's what counts. It's honestly very difficult for a male coach to move on in women's basketball. If I was fortunate enough to have this kind of success coaching a men's team, I think people would be coming to me and asking if I'd be interested in moving. But in the women's game, I've only had a couple of different schools offer me jobs. One was Division I and one was Division II. In both cases, the situation here was better.

You've had many coaching highlights; is there one that particularly stands out?

MG: I guess one of the highlights for me was the first season, when we took over a team that had gone 9-18 and we won 24 games and got to the NCAA tournament for the first time in Northern's history. That was an awful lot of fun. Tangibly, of course, getting to the Elite Eight a couple of times and getting to the Final Four are great things. But there is a lot more to it than that. My joy comes from being in the gym a couple hours a day with the players, working with them to improve and become the best players they can be.





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"I am proud to tell people my lifetime membership number is 0001. That means I have supported the Alumni Association since its inception. By helping NMU in this way, I really stay connected to what is happening. Many things about Northern are different than the days when I was on campus, and I like to keep up with those changes. One thing that really hasn't changed, though, since my days on campus, is the good, solid educational experience that students get. It has always been a great school and always will be. I give Northern some credit for the success I have seen in my professional career. Without the degree I earned there, I might not have been equipped with the skills I needed to create and grow my company. Northern is an important part of my life, and I still feel like I am an important part of Northern — that's probably what means the most to me."

—Gilbert Ziegler '60

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