

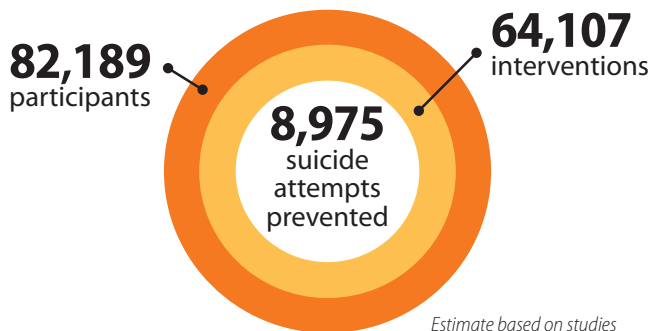


# Make a connection. Help save a life.

**Suicide is preventable. Anyone can make a difference.**

- Half-day training in suicide alertness skills
- Learn four basic steps to create a life-saving connection
- Widely used by professionals and the general public

## safeTALK's impact in 2016



## safeTALK works

Studies show that participants gain confidence:

- Asking people about suicide directly
- Connecting them to life-saving resources
- Keeping them safe until those resources take over

## People making a difference with safeTALK



## Upcoming safeTALK trainings:

Option 1: April 5, 2023, 8a - 12p

Option 2: April 6, 2023, 12p - 4p

**Location: Whitman Commons**

**Hosted by: NMU Dept of Social Work**

**Cost: FREE with snacks!**

**For questions, email [mshwprogram@nmu.edu](mailto:mshwprogram@nmu.edu). Click dates below for registration:**

**April 5, 8a-12p**

**April 6, 12p-4p**

Learn more about safeTALK and see the evidence at [www.livingworks.net/safeTALK](http://www.livingworks.net/safeTALK)

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