

Money. Although such a naive discussion, everything in our lives revolves around it. Every single person needs money, for whatever it may be; food, water, housing, school, healthcare, insurance, etc. However, when looking at the larger picture, we can see an overwhelming number of people go without the necessary funds to access the things we all should have. For some, it may be a temporary problem, but for others, it could be an ongoing issue with no end. The connection between the health and well-being of the population and money is so apparent. Those who have a higher socioeconomic status are more healthy. They get the help they need when necessary, not when it is too far gone, and there are no other options. People who don't have health insurance will not get the help they need unless necessary because of the immense bills that will come out of it. Although Medicaid is an option, if you have a family of four, you can qualify if you are making \$33,000 or less in Michigan. Anything above that, you don't qualify. That is nothing after factoring in bills. Healthcare is far too expensive to be vital to our fundamental well-being. Students can take steps to ensure that people with lower income can afford the things to practice healthy habits and have better general health. Advocating is one of the most important things someone can do. If enough people speak on an issue, it increases the chances that someone of authority can do something to solve the problem at hand. Students can find funding to get lower-income students into school to learn and become more intelligent and brighter individuals in today's society.

The level of education affects an individual's overall health because of the staggering amount of information your brain absorbs each year in school. You learn more and more that can help you to understand the natural world and how your knowledge may impact your health. Along with expertise, education can also help you find a job. Getting a job gets you benefits such as health insurance. I think a big way students can help this issue is to encourage others and motivate one another to go to school. If other people know their peers are thriving and doing well in school, they will be likelier to want to do the same. Most people who do not attend college or a university don't even see the benefits of it, so if someone were there to help encourage them, it could help tremendously. School is challenging, but with the right support system, it is so worth it.