

## College and university student healthcare contribution

College and university students can contribute to efforts in healthcare access and quality in several ways. With creativity, the opportunities are endless. First, they can upload useful information online for easy access. Secondly, students can organize mobile health fairs to travel to communities and provide beneficial knowledge a short distance from their front door. Unfortunately, more communities than we may think fall short of health related information that could immensely benefit their citizens. College and university students may help in the connection between people's access to and understanding of health services and their own health. They also may address key issues pertaining to healthcare access, access to primary care, health insurance coverage, and health literacy.

In the current world, technology is prominent in everyday life. Because of that, it is easier to reach large groups of people through the internet. Students can take advantage of this by creating online platforms that catch attention and attain important information. Whether they use videos, websites, pictures, etc; they can provide information that enables the public to access health care services that may be available to them. With these online platforms, students can utilize advertising to get the word around. They also can include information that helps them gain access to primary care as well as insurance coverage. When people are unaware of how to gain benefits that are available to them, they can refer to these resources and seek help and pass on to friends and family.

Students can contribute efforts toward the healthcare system by organizing in person gatherings to educate the public on their own personal health. Student organized mobile health fairs would be a great way to provide this education right in their own community. Students can create eye-catching posters, give interesting speeches, provide hands-on activities, and have objects people can leave with. This brings a diverse group of people in, and allows them to

become familiar with their personal health that they may have not had the chance to learn or know the significance of. The more knowledge people have on their own health, the healthier our populace will be! Student produced mobile health fairs have a great impact on a community and give easy access to attend.

Students of colleges and universities can play a big role in connecting people's access to and understanding of health services and their own health. Their contribution will help communities to be healthier overall. Technologically produced information is a simple way to reach many people at once and stays on the internet to reference back to. Student organized mobile health fairs also add in more health care knowledge for the public. Health fairs are fun, interesting, hands-on, and beneficial. Mobile health fairs provided in a community eliminates transportation issues. These are two significant approaches students may take to educate the public on their own health and are easily accessible along with excellent quality.