Intellectual
Expanding your creativity, knowledge, and skills through academic pursuits

Career
Enriching from your work and building your employability skills

Physical
Taking care of your physical body, staying active, eating healthy, and sleeping well

Social
Sustaining connections from your support system of friends and family

Environmental
Connecting to your planet, community, NMU, and Marquette

Emotional
Coping through the ebbs and appreciating the flows of your life

Spiritual
Discovering your individuality, spirituality, and sense of purpose

Financial
Investing in your current and future personal financial decisions